

The RAINBOW BRIDGE

JOURNAL OF NEWS, CURRENT AFFAIRS, ECOLOGY, SUSTAINABILITY, SPIRITUALITY, THE AGELESS WISDOM, PROPHECY, ASTROLOGY, AND EARTH CHANGES.

PRODUCED BY BEN CAMERON & AVALON ARCHIVES ONLINE BOOKSTORE...ISSUE 3, MAY, 2009.
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THE RAINBOW BRIDGE IS THE LINK IN CONSCIOUSNESS BETWEEN THE SOUL AND THE PHYSICAL FORM

Newsflash; "Maybe it's a Good Idea Not To Believe Anything!!!"

Swine Flu, fires, wars, refugees, financial disaster, recession, depression, emissions trading schemes, global warming..how much more *can* happen and how much more *will* happen? It is easy to just give up, give in to fear and worry or perhaps take more medication (legal and illegal) and pretend nothing is happening. The challenge for humanity in today's world is to remain calm, confident, and secure in the knowledge that there is a reason and purpose behind the seeming chaos of the present world situation. There is a spiritual dimensional reality that governs all activities and whatever happens is a manifestation of that inner reality but, the problem is for humanity, is to separate themselves from the illusionary nature of the manifested world or, what is known as the "great illusion", and identify with the spiritual world and thereby gain the perspective that would allow them a certain amount of peace of mind. Religions have passed their use by date and many of the sources of so called spiritual knowledge and understanding have like wise outlived their usefulness. What we have called spirituality up to this point in time must give way to a pragmatic and all encompassing call to service by all who have the best interests of humanity, nature, and the planet in mind. In the coming era, the concerns of the individual must give way to the greater good of all and, that whatever decisions are made, we must take into account the needs of that whole. Selfishness, self centredness, materialism, exploitation and winner takes all philosophy have governed the much of the planet's activities - spiritual as well as material. This has happened in all areas of human activity and it helped us to establish our individual identity but, it has been taken to the extreme so that the survival of the "blue planet" has been placed in peril. It would be fair, I think, to assume that this era is some kind of final conflict that has the future at stake and that we are all here to play some part in the birthing of a new age and finalizing the demise of the all that has existed in the past and that all the disasters occurring around the planet are symptoms of this conflict process - all that has been suppressed and all that which has created karmic liabilities will be externalized so that there can be a healing and balancing. Any healing process usually requires a period of pain, high temperatures, purging, and cleansing - this is no different - when we are sick we need to take sensible and healthy steps and learn to work with nature and not against it, at the same time understanding the reasons why that illness has manifested so that we can make sure that we don't repeat the same actions that led us to where we are. This involves working not just on the physical level but also the emotional and mental

planes as well so the we can stabilize the emotions and let go of fixed and negative thoughtforms. The answers are there in front of us if we care to discern them - honesty and forthrightness are required. The doom and gloom merchants in magazines, websites, newspapers and in the media prey on the foolish, the ignorant and those whose minds are closed and narrow. Take in all the information you need but don't believe everything that is disseminated - use a certain amount of skepticism and put all *presumed* knowledge to the test of authenticity. Science can be manipulated and quite fundamentalist and, ultimately, it can only provide some of the answers to life's problems. Religions can prey on the fearful, the lost, and those who are also narrow minded but, at the same time, *true* spirituality holds the key - the ancient texts contain secrets that have only been rarely revealed but, steer clear of all those who say they know the "*truth*" and that they have exclusive rights on that "*truth*". This is definitely the era of false prophets. We need science with 'heart' and a spirituality that embodies logic. Also, avoid most of the channeled work that is out there. It varies from the useless and benign to extremely delusional. Most of it is unreal or borders on some kind of psychological disorder (there is a mental health organization called "Hearing Voices Network") Much channeled information seems to be harmless but it serves to distract and mislead those are spiritually evolved and whose hearts are kind and good but, who are susceptible to the overblown, flowery and nonsensical prose and truisms that masquerades as spiritual teachings..all of this belongs in the past. There are superior sources of knowledge but to access true knowledge requires hard work, dedication, meditation, purification, and a selfless desire to serve the greater good. Trust your own capacities to learn, study, question, intuit, comprehend, and finally - to *know and to serve..know through serving.*

Next issue the truth about channeling - the mechanics of mediumship - don't believe everything you hear - even the voices in your head or other people's heads.

Also - the New Age, Aquarius and the 7th. Ray - is it all happening now?....and more.

Coming soon...new blog sites, new computers and printers!! I will be setting up blogs which will serve as news and information sources..I receive, and find, so much noteworthy material that I want to pass on and a blog will help me do that. The quality of this little newsletter will improve with the purchase of better quality and, faster hardware..*stay tuned in!!!*..Ben

-“WORRYING IS PRAYING FOR WHAT YOU DON'T WANT”-

A Professional Run On Banks Has Begun.

By Bob Chapman - The International Forecaster - 1-29-2009

"If you have CDs or funds in banks that exceed six months of operating expenses remove them immediately."

The following are some snippets from the most recent issue of the International Forecaster. For the full 37 page issue, please see subscription information below. US MARKETS ... We are not going to belabor this point but it is deadly important. Private equity investors and professionals are pulling their money out of banks. A professional run on banks has begun. If you have CDs or funds in banks that exceed six months of operating expenses remove them immediately. Your alternative is gold and silver related assets or Swiss franc Treasuries. If you need help email me or call 1-800-375-4188. Our Treasury is going to have to raise over \$2 trillion to fund fiscal needs in the next six months, which will be no easy feat. Will foreigners continue to fund such massive reckless spending? We do not know. We do not believe they want too, but do they have much choice? They are holding 64.5% of their foreign reserves in US dollars. The US Treasury's needs for funds are enormous and fulfilling those needs will be very difficult. Are US Treasuries still the world's safest investment? We do not believe they are. Today this is a false perception, as it has been several times in our history. History is replete with other major nations defaulting on their bonds and arbitrarily devaluing their currencies in the last 150 years. The bottom line is there are no safe bonds or currency from any nation. Gold always has been and always will be the only safe option. Today we have zero interest rates or for that matter negative rates if you consider the loss via real inflation. Owners of US debt are losing at least 10% annually on their investment. Our unprecedented expansionary monetary policy can only end in disaster via hyperinflation and default and devaluation. Even a 10% yield in today's market cannot compensate for the loss in buying power. The creation of American debt is totally out of control and there will come a time when foreigners will be forced to say no - no more. They will be under enormous pressure from their own constituents. Besides, who is capable of funding such debt? China and Japan are loaded up. Oil producers are in a bind. England is on the edge of bankruptcy, as are Ireland and Spain. Perhaps Germany and France can help. We do not know who'll attempt to help, but more than \$2 trillion in a year is a lot of money. We do not think it can be done and that means the Fed buys the Treasury's bonds, bills and notes by creating more fiat money monetizing the debt and sending inflation straight into the stratosphere. That means much higher gold prices are in our future. There is no flight to the dollar. There has been a flight from other currencies to the dollar for several reasons and those reasons are now history. We could see the dollar again test the upper limits on the USDIX at about 88, but that should be it. We expect the dollar to firmly put in a double top. In fact, we may well never get to 88, which often happens in situations like this. The dollar has gone up as much as it is going too. Can you imagine what a dollar at this level will do to exports? It will probably cut GDP % to 1%, and at this stage that would be most unwelcome. The dollar is going lower versus other major currencies, which have all just fallen versus the dollar over the past five months. Next all the currencies will take a bath versus gold. As an aside, events in Europe are horrible. England and Europe are trapped in depression and England is bankrupt. In Greece and in the Baltics and South Balkans they are having the worst riots in almost 20 years. S&P has cut Greek debt to near junk and the bonds of Italy, Spain, Portugal and Ireland are on negative watch. As we told you before this is a worldwide catastrophe. There will be no decoupling. Ireland has nationalized the Anglo Irish Bank, the biggest bank in the country. The social fabric is

being torn as it soon also will be in the US and other countries. The entire world is entrapped in a web created to bring about world government. Latvia's streets look like a war zone, but little of this carnage reaches us via the US media. This is important, as are the riots in Greece. They were all about economic and financial failure and no jobs. This is going to happen worldwide. As we've said, the major financial institutions in the US are broke. The Fed and Treasury know and a few in Congress. The rest of our legislators do not understand or want to understand. Congress is only interested in payoffs and pedophilia. These are the same people who allowed \$350 billion in TARP funds to be stolen. There is no question now but Bank of America and Citigroup are broke. Plus banks in Canada and Europe. You can add JP Morgan Chase and Goldman Sachs. They went a bridge too far. These are banks and investment banks owned or controlled by the Illuminist Black Nobility. The connections in these stocks and others are just the prelude to oblivion. Wait until the derivative bomb explodes. As the Baltic Dry Index falls 95%, oil and gas prices are decimated. Oil falls from \$147 to \$35.00 a barrel in order to destroy OPEC in another power play. In the end Russia will emerge as a winner. This is how fascism works. Our new President tells us he is committed to pressing China on its currency practices. Don't hold your breath. Just more political posturing. President Obama is freezing salaries for top White House aides and will put in place new stricter ethics and lobbying rules. He also said he will change the way the FOIA (Freedom of Information Act) is interpreted. There will be more transparency. He will err on the information release side. The CBO says only \$136 billion of the \$355 billion that House leaders want to allocate to infrastructure programs will be spent by October 1, 2010. The rest will be spent after the recession/depression is projected to have ended. The report does not analyze the entire \$825 billion stimulus package. Building industry economists who have been perpetually wrong, see a deepening correction this year - see no recovery until 2010. We say more wishful thinking. Inventory of unsold homes is 11.5 months. That won't be reduced anytime soon. The ISM Index of factory activity was 32.9 versus 32.4 originally reported for December. The non-manufacturing index was 40.1 in December versus 40.6 previously reported. What poor reporting. The NAHB/Wells Fargo Housing Market Index was 8 in January, down from 9 in December. Chairman Sandy Dunn says, "Clearly conditions in the nation's housing market are not getting any better until the federal government takes substantial action to encourage qualified buyers to get back into the market." The gauge of current single-family homes sales fell to 6 from 8. The index of sales for the next six months increased to 17 from 16. The prospective-buyer traffic measure also climbed to 8 from 7. They say through the end of 2009 housing prices will have fallen 45%, a broad countrywide number. The S&P/Case-Shiller Home Price Index fell 25.3% from March 2006 to October 2008. The expectation is for a 29% fall in 2009. Houses are going to fall to 1995 levels and we could see 1981 levels. Phillips Van Husen will fire 400 workers and shut 175 stores. Intel will stop production at five US and Asian plants and lay off 6,000. Top Oppenheimer bank analyst Meredith Whitney says banks are going to have to sell their crown jewels. In commercial real estate delinquency rates are rising very quickly nationwide. Office and retail space are getting hit hardest. The delinquency rate on retail mortgages was under 0.4% a year and a half ago and is now rising past 1.0%. Currently another service has the 60-day delinquency rate at 1.71%. As both the above transpire banks are becoming more and more reticent to lend to anyone. Loans are being lifted from developers who have met every payment. Mortgage applications fell 9.0% last week. The American Council of Life

Insurance has been pleading with regulators to adopt a variety of changes in capital and reserve requirements before companies must file their annual reports for 2008. They believe the reports will spook policyholders into dropping coverage and liquidating policies. These changes would mask real problems in the life insurance industry. Insurers have to maintain prescribed levels of capital. If they fall below these levels, state regulators are required to intervene. When a company's capital sinks to 35% of the required level, regulators are required to take it over. The meltdown in the financial markets has reduced the value of insurance companies' investments, leaving them with a thin cushion. You all know what will happen when the Dow falls from 8,000 to 4,000, they'll be out of business and you will lose lots of money. In 2007 they had about four times required capital. In 2008 that dropped to about three times. If we may reflect back to 2003 when the Dow hit 7268 that ratio was 3.25%. Do you get the picture? 2009 will be a dangerous year for life insurers and 2010 will be worse. Do not stand by

as regulators paper over insurers problems. It could well mean a disaster for you later. There is a serious problem and the insurers and regulators do not want you to know about it. Consumer protection is getting thrown out the window just as protection in banking has. Proposals are being considered that range from allowing insurers to assume certain policyholders will live longer to allow them to account potentially unusable tax credits toward their capital requirements. One would put an artificial floor under calculations related to declines in the value of commercial mortgages. This is to avoid unrealized losses, or mark-to-market as has been avoided in stock and bond investments. We see insurers and policyholders on a collusion course with reality. You should start selling insurance. If you need help let us know. THE INTERNATIONAL FORECASTER.... SATURDAY, January 24, 2009 P. O. Box 510518, Punta Gorda, FL 33951-0518 An international financial, economic, political and social commentary. Published and Edited by: Bob Chapman

Eating less meat could cut climate costs

From: <http://www.newscientist.com/article/dn16573-eating-less-meat-could-cut-climate-costs.html>

. 10 February 2009 by Jim Giles....Cutting back on beefburgers and bacon could wipe \$20 trillion off the cost of fighting climate change. That's the dramatic conclusion of a study that totted up the economic costs of modern meat-heavy diets. The researchers involved say that reducing our intake of beef and pork would lead to the creation of a huge new carbon sink, as vegetation would thrive on unused farmland. The model takes into account farmland that is used to grow extra food to make up for the lost meat, but that requires less area, so some will be abandoned. Millions of tonnes of methane, a potent greenhouse gas, would also be saved every year due to reduced emissions from farms. These impacts would lessen the need for expensive carbon-saving technologies, such as "clean coal" power plants, and so save huge sums, say Elke Stehfest of the [Netherlands Environmental Assessment Agency](#) and colleagues. Flatulent feeders Climate-change experts have warned of the high [carbon cost of meat for several years](#). Beef is particularly damaging. Methane, a potent greenhouse gas, is released from flatulent cows and by manure as it decays. Furthermore, to produce a kilogram of beef (2.2 pounds), farmers also have to feed a

cow 15 kg of grain and 30 kg of forage. Grain requires fertiliser, which is energy intensive to produce. Stehfest has now weighed the economic impact of beef and other meats against the cost of stabilising carbon dioxide levels at 450 parts per million - a level that some scientists say is needed to help prevent dangerous droughts and sea level rises. If eating habits do not change, Stehfest estimates that emissions would have to be cut by two-thirds by 2050, which is likely to cost around \$40 trillion. If, however, the global population shifted to a low-meat diet - defined as 70 grams of beef and 325 grams of chicken and eggs per week - around 15 million square kilometres of farmland would be freed up. Vegetation growing on this land would mop up carbon dioxide. It could alternatively be used to grow bioenergy crops, which would displace fossil fuels. Supermarket labels Greenhouse gas emissions would also fall by 10% due to the drop in livestock numbers, she calculates. Together, these impacts would halve the costs of dealing with climate change by 2050. To help consumers, the [environmental cost of meat](#), in terms of carbon emissions per portion, could also be included in the purchase price, says Stehfest. The costs sound about right, says [Raymond Desjardins](#) of Agriculture and Agri-Food Canada. However, it may be unfair to compare future farms to current ones, he adds...From: <http://www.rense.com/general84/prof.htm>...

2009 is a Universal Year of 11 Vibrational Energy (2+0+0+9 = 11)

There has not been a Universal 11 year since 1910, thus well over 99% of the worlds population have never experienced a Universal 11 year vibration in their lifetime, so this is a biggy for our entire planet ! The gateway of the Master Number 11, is the freedom of choice. The freedom to choose a path of truth, authenticity & Love, or conversely to recoil in fear, pain and stagnation. Thus the 11 Universal vibration year will bring about a planetary rLOVEution of grand proportions and connect EARTH back to the HEART (just move the H from the end to the beginning) of LOVE (Live, One, Vibrational, Energy). With Pluto (transformation) sitting in the sign of Capricorn (hardwork, honesty, integrity) until 2024 and also in January 2009 Jupiter (expansion) sitting in Aquarius (humanitarian, visionary) for the next 12 months, our 2009 vibrational 11 year is being powered by visionary & humanitarian principles of change. Change for the greater good of all. This change is happening now from the ground up, and we are noticing the effects

around us as we witness the breaking down of outmoded authority structures, governments, financial markets and religion. In a Universal 11 year, we have the choice to react to these changes in fear, or actively participate in the re-building of a new society with LOVE. The choices we make this year, in a Universal 11 year have the potential to facilitate great leaps in the collective consciousness of our planet, we are INDIVIDUALLY & COLLECTIVELY the PIONEERS of change. Obama is president number '44', he is age 47 (reduces to '11' in numerology), his date of birth reduces to '11' (4 Aug 1961) and his inauguration took place at 11am. With all those master numbers at play - there is definitely magic being guided here from above ! Those 3 '11's are bringing the qualities of a greater VISION, into practical ACTION and hence being of SERVICE for the greater good of all. But most poignant is the number 44 - this is the number of the ALCHEMIST. This number leads the way for Barack to hold a united vision of a world that honours diversity, holds in reverence all races & ensuing spiritual beliefs - to inspire all to be their best and work toward the greater good of all humanity. love and light. Carolyn

Obama Should Be Aware of the Bush Family Tentacles Undermining His

Plans...<http://www.alternet.org> By Russ Baker, AlterNet.

Posted January 22, 2009.... Bush may be gone, but his influence -- and the forces that put him in office -- aren't....

As George W. Bush leaves office and Barack Obama takes over, we are in danger of missing the opportunity for change our new president has promised -- unless we come to grips with what the great historian and Librarian of Congress Daniel Boorstin called our "hidden history," not just of the past eight years but of the past half-century and more. President Obama will face a staggering array of challenges, most, if not all, of which stem from the policies of Bush. But efforts at reform will fall short if we fail to probe and confront the powerful forces that wanted this disastrous administration in the White House in the first place -- and that remain ready and able to maintain their influence behind the scenes today. Like most people, I took the failings of George W. Bush at face value: an inattentive, poorly prepared man full of hubris, who committed colossal blunders as a result. Then I spent five years researching my new book, *Family of Secrets* and came to see that the origins go much deeper.

This backstory is getting almost no attention in the talking-heads debate over the Bush legacy. Yet it will continue to play, affecting our country and our lives, long after Bush leaves office. A more profound explanation for the rise of George W. Bush came as I studied the concerted effort to convince the public that he was independent of, and often in disagreement with, his father. The reason for this, it turned out, was that exactly the opposite was true. W. may have been bumptious where his father was discreet, but in fact the son hewed closely to a playbook that guided his father and even his grandfather. Over much of the last century, the Bushes have been serving the aims of a very narrow segment from within America's wealthiest interests and families -- typically through involvement in the most anti-New Deal investment banking circles, in the creation of a civilian intelligence service after World War II, and in some of that service's most secretive and still-unacknowledged operations. Through declassified documents and interviews, I unearthed evidence that George W. Bush's father, the 41st president of the United States, had been working for the intelligence services no less than two decades before he was named CIA director in 1976. Time and again, Bush 41 and his allies have participated in clandestine operations to force presidents to do the bidding of oil and other resource-extraction interests, military contractors and financiers. Whenever a president showed independence or sought reforms that threatened entrenched interests, this group helped to ensure that he was politically attacked and neutralized, or even removed from office, through one means or another. We are not dealing here with what are commonly dismissed as "conspiracy theories." We are dealing with a reality that is much more subtle, layered and pervasive -- a matrix of power in which crude conspiracies are rarely necessary and in which the execution or subsequent cover-up of anti-democratic acts become practically a norm. In 1953, 23 years before he became CIA director as a supposed neophyte, George H.W. Bush began preparing to launch an oil-exploration company called Zapata Offshore. His father, investment banker Prescott Bush, had just taken a Senate seat from Connecticut; and his father's close friend Allen Dulles had just taken over the CIA. A staff CIA officer, Thomas J. Devine, purportedly "resigned" to go into the oil business with young George. Bush then began to travel around the world. His itineraries had little apparent relationship to his limited and perennially unprofitable business enterprises. But

they do make sense if the object was intelligence work. When his company at last put a few oil rigs in place, they ended up in highly sensitive spots, such as just off Castro's Cuba before the Bay of Pigs invasion. As part of his travels, Bush senior even appeared in Dallas on the morning of the Kennedy assassination, although he would famously claim that he could not recall where he was at that historic moment. After leaving the city, he called the FBI with a false tip about a possible assassin, pointedly emphasizing that he was calling from outside Dallas. It is also intriguing to learn that an old friend of Bush's, a White Russian émigré with intelligence connections, shepherded Lee Harvey Oswald upon his return to America in the year preceding the assassination. In any event, when Lyndon Johnson replaced Kennedy, the oilmen and the intelligence-military establishment once again had a friend in the White House. The pattern continued. New evidence suggests that Bush senior and his associates in the intelligence services, far from being the loyalists to Richard Nixon they claimed to be, had turned on the 35th president early in his administration, unceasingly working to weaken and eventually force him out. These efforts culminated in what appears to have been a deliberately botched Watergate office burglary -- led by former CIA officers. Ironically, Nixon's career had been launched with the quiet backing of Wall Street finance figures upset with the man Nixon would defeat, a leading congressional supporter of banking reform, and Prescott Bush himself had played a key role. Yet, when Nixon finally achieved the presidency, he became surprisingly resistant to pressure from the very power centers that had helped him get to the top. He turned a deaf ear to the demands of the oil industry, battled with the CIA and cut the Pentagon out of the loop as he (and his aide Henry Kissinger) negotiated secretly with Moscow and Beijing. These acts estranged Nixon from those who felt he had betrayed his sponsors - men who had the means to do him in. Bush senior, it turns out, was closely allied with the surprising number of White House officials with covert ties to the intelligence service that surrounded Nixon. Through it all, Bush senior would routinely claim to be "out of the loop," as he would later pretend during the Iran-Contra scandal of the Reagan era, although we know that as vice president he was at the center of that and other abuses of power. None of this let up after Nixon was forced to resign. His pliant successor, Gerald Ford, brought in young staffers named Richard Cheney and Donald Rumsfeld, and the two participated in the so-called Halloween massacre, which saw the administration veer in a far-right direction on foreign policy, a development that paved the way for the appointment of Bush senior as CIA director. This happened just as Congress was launched into the deepest investigation ever of intelligence abuses, and public voices were clamoring to reopen official inquiries into the assassinations of John F. Kennedy, his brother, Robert F. Kennedy and Martin Luther King Jr. Then came Jimmy Carter, whose plans to reform the CIA were an echo of JFK's intent to scatter the CIA to the winds after the ruinous Bay of Pigs invasion. When Carter defeated Ford, ousted Bush from the CIA helm and sought to bring the intelligence juggernaut under control, he ended up deeply compromised by complex financial shenanigans orchestrated by figures from the same intelligence circles -- and undermined by the crisis with Iran, exacerbated by covert dissident CIA elements tied to Bush. Carter was a one-term president, defeated by a ticket with none other than George H.W. Bush, backed by a phalanx of CIA officers, as vice president. And then Bush senior became president himself. Bill Clinton apparently grasped the pattern. He cultivated a friendly relationship with the elder Bush and instituted virtually no significant reforms in, or issued challenges to, either the intelligence or mili-

tary establishments. All this is relevant today because the furry forces and pressures that haunted, and ultimately dominated, these past presidents have not abated. Indeed, what the presidency of George W. Bush truly represented was the unfettered, most reckless manifestation of the objectives this group has pursued for many decades. In Bush 43's trademark pattern of showing the old man how it's done, the son was bringing virtually into the open the kinds of things his father preferred pursued sub-rosa. But behind the different façade it was the same game all over again. The dirty tricks of Karl Rove, who got his first job under Bush 41 at the Republican Party during Watergate; the use of the Supreme Court to force an election their way; an early move to suppress the records of prior presidencies; the maniacal secrecy of Vice President Cheney; the false rationale used to justify the seizure of Iraqi oil reserves through invasion; the clampdown on dissent and the unauthorized domestic eavesdropping, the efforts to smear independent voices like Joseph Wilson (the husband of CIA officer Valerie Plame) and newsman Dan Rather; and last and perhaps most

Tides of Anger....by Naomi Klein

www.commondreams.org

Watching the crowds in Iceland banging pots and pans until their government fell reminded me of a chant popular in anti-capitalist circles in 2002: "You are Enron. We are Argentina." Its message was simple enough. You-- politicians and CEOs huddled at some trade summit --are like the reckless scamming execs at Enron (of course, we didn't know the half of it). We-- the rabble outside --are like the people of Argentina, who, in the midst of an economic crisis eerily similar to our own, took to the street banging pots and pans. They shouted, "*¡Que se vayan todos!*" ("All of them must go!") and forced out a procession of four presidents in less than three weeks. What made Argentina's 2001-02 uprising unique was that it wasn't directed at a particular political party or even at corruption in the abstract. The target was the dominant economic model--this was the first national revolt against contemporary deregulated capitalism. It's taken a while, but from Iceland to Latvia, South Korea to Greece, the rest of the world is finally having its *¡Que se vayan todos!* moment. The stoic Icelandic matriarchs beating their pots flat even as their kids ransack the fridge for projectiles (eggs, sure, but *yogurt?*) echo the tactics made famous in Buenos Aires. So does the collective rage at elites who trashed a once thriving country and thought they could get away with it. As Gudrun Jonsdottir, a 36-year-old Icelandic office worker, put it: "I've just had enough of this whole thing. I don't trust the government, I don't trust the banks, I don't trust the political parties and I don't trust the IMF. We had a good country, and they ruined it." Another echo: in Reykjavik, the protesters clearly won't be bought off by a mere change of face at the top (even if the new PM *is* a lesbian). They want aid for people, not just banks; criminal investigations into the debacle; and deep electoral reform. Similar demands can be heard these days in Latvia, whose economy has contracted more sharply than any country in the EU, and where the government is teetering on the brink. For weeks the capital has been rocked by protests, including a full-blown, cobblestone-hurling riot on January 13. As in Iceland, Latvians are appalled by their leaders' refusal to take any responsibility for the mess. Asked by Bloomberg TV what caused the crisis, Latvia's finance minister shrugged: "Nothing special." But Latvia's troubles are indeed special: the very policies that allowed the "Baltic Tiger" to grow at a rate of 12 percent in 2006 are also causing it to contract violently by a projected 10 percent this year: money, freed of all barriers, flows out as quickly as it flows in, with plenty being diverted to

significant, the unleashing from government oversight of their friends and allies in finance and industry -- these and more emerged from the old dreams and methods of this anti-democratic culture. Now, as a new president enters the White House promising reform, how much will he be able to achieve if his reforms step on the same big toes? We must begin to take seriously, and speak openly about, the true nature of the forces behind the Bush family enterprise. If we do not, we will find ourselves, several years from now, shaking our heads at new disaster, still unable to comprehend what has happened -- and why Russ Baker is an award-winning investigative reporter. He has written for the New Yorker, Vanity Fair, The Nation, the New York Times, the Washington Post, the Village Voice and Esquire. Baker received a 2005 Deadline Club award for his exclusive reporting on George W. Bush's military record. Information on his new book, *Family of Secrets: the Bush Dynasty, the Powerful Forces That Put It in the White House, and What Their Influence Means for America*, can be found at www.familyofsecrets.com //www.familyofsecrets.com/

political pockets. (It is no coincidence that many of today's basket cases are yesterday's "miracles": Ireland, Estonia, Iceland, Latvia.) Something else Argentina-esque is in the air. In 2001 Argentina's leaders responded to the crisis with a brutal International Monetary Fund-prescribed austerity package: \$9 billion in spending cuts, much of it hitting health and education. This proved to be a fatal mistake. Unions staged a general strike, teachers moved their classes to the streets and the protests never stopped. This same bottom-up refusal to bear the brunt of the crisis unites many of today's protests. In Latvia, much of the popular rage has focused on government austerity measures--mass layoffs, reduced social services and slashed public sector salaries--all to qualify for an IMF emergency loan (no, nothing has changed). In Greece, December's riots followed a police shooting of a 15-year-old. But what's kept them going, with farmers taking the lead from students, is widespread rage at the government's crisis response: banks got a \$36 billion bailout while workers got their pensions cut and farmers received next to nothing. Despite the inconvenience caused by tractors blocking roads, 78 percent of Greeks say the farmers' demands are reasonable. Similarly, in France the recent general strike--triggered in part by President Sarkozy's plans to reduce the number of teachers dramatically--inspired the support of 70 percent of the population. Perhaps the sturdiest thread connecting this global backlash is a rejection of the logic of "extraordinary politics"--the phrase coined by Polish politician Leszek Balcerowicz to describe how, in a crisis, politicians can ignore legislative rules and rush through unpopular "reforms." That trick is getting tired, as South Korea's government recently discovered. In December, the ruling party tried to use the crisis to ram through a highly controversial free trade agreement with the United States. Taking closed-door politics to new extremes, legislators locked themselves in the chamber so they could vote in private, barricading the door with desks, chairs and couches. Opposition politicians were having none of it: with sledgehammers and an electric saw, they broke in and staged a twelve-day sit-in of Parliament. The vote was delayed, allowing for more debate -- a victory for a new kind of "extraordinary politics." Here in Canada, politics is markedly less YouTube-friendly-- but it has still been surprisingly eventful. In October the Conservative Party won national elections on an unambitious platform. Six weeks later, our Tory prime minister found his inner ideologue, presenting a budget bill that stripped public sector workers of the right to strike, canceled public funding for political parties and contained no economic stimulus. Opposition parties responded by forming a historic

coalition that was only prevented from taking power by an abrupt suspension of Parliament. The Tories have just come back with a revised budget: the pet right-wing policies have disappeared, and it is packed with economic stimulus. The pattern is clear: governments that respond to a crisis created by

free-market ideology with an acceleration of that same discredited agenda will not survive to tell the tale. As Italy's students have taken to shouting in the streets: "We won't pay for your crisis!" © 2009 The Nation

Swami's 2009 State of the Universe The Shift Has Hit the Fan: Welcome to the Sane Asylum By Swami Beyondananda ... The shift has hit the fan! Humanity has shifted its karma into surpassing gear, and political climate change has come to America. Thanks to a grassroots up-wising, we the people huffed and puffed together in the same direction and the winds of change blew in a breath of fresh air. And we can all breathe easier. The vote in November was more than a vote for a new President. It was a vote for a new precedent - to overgrow the "lowest common denominator" paradigm and take a step towards government of the people, by the people, for the people where the government does our bidding, not the bidding of the highest bidder -- and where the Golden Rule can finally overrule the rule of gold. In the short term, the up-wising has been successful, and the American Evolution has begun. The first big shots have been fired, and we are on the road to recovering from an eight-year bout with Mad Cowboy Disease and Electile Dysfunction. But now, if we want to heal the body politic of conditions like Deficit Inattention Disorder, Truth Decay and the deadliest one of all, an unchecked Military Industrial Complex, we must elect ourselves. Spiritually, it's time to quiet our barking dogmas and evolve past the Ten Commandments to an even greater realization - the One Suggestion: "We are all in it together." Once a critical mass of us chooses to live by this credo, we can avoid the critical massacre called Armageddon, create Disarmageddon instead, and achieve fulfillment as a species -- Humanifest Destiny. The End of the Age of Nefarious? Every journey into the light is preceded by a dark passage, and our entry into the Age of Aquarius is no different. As predicted in the celebrated quatrain ("When the goon moves into Lincoln's house, and stupider aligns with Mars, then greed will guide the planet and fear obscure the stars ..."), the Age of Nefarious delayed the start of the new millennium. But now the quatrain is heading down a new track, and soular power is shining a light on the endarkened corridors of soulless power. Just as the eight-year journey that took us from Whitewater to Blackwater was coming to an end, some overzealous Bush-bashers hurled footwear to give the departing regime one final boot. That was understandable, but unnecessary. Better we should keep our shoes on, and use them to stand together at a time when healing wounds is more important than wounding heels. Besides, without Bush there could have been no Obama. His alarming actions awakened more people than Buddha, and a body politic in a fear-induced coma miraculously regained consciousness. And now there is a new President: Barack Hussein Obama. After eight years of insanity, we can proclaim to the world, "America has a President Hussein!" So now, we must face another awesome truth: We are living in a world gone sane. Welcome to the sane asylum. Trickle Down Goes Belly Up. It's a good thing our political fates are on the upswing, as our economy has taken a sharp downturn. The house of credit cards economy based on trickle down has gone belly up, and we must face another, sadder truth. Individually and collectively, we've been suffering from Deficit Inattention Disorder, and since we were unable to do the math, we must now do the aftermath. It's a buy-o-logical fact. You cannot spend more than you have. Nature knows this. We can use no more energy than what we have in reserve. We cannot charge energy on our Ascended Master Card and repay it next lifetime. So yes, the casino economy coming down, but there is an upside to the meltdown. There is a great opportunity in the crisis. Consider this. When the dollar hits zero, we can pay off our entire \$10 trillion national debt and hardly feel it! Meanwhile, over the past eight years we have seen the fall of reptilian entities like Enronosaurus Wrecks, and most recently a character named Madoff made off with billions. Our entire economic system has been revealed as an extraordinary ponzi scheme where ordinary people are left holding the empty bag. Unfortunately, this is nothing new. It's the same old needy-greedy where our collective fear of not having enough -- "scare city" -- has empowered those privatizing privateers who are plundering our planet with their mining operations: that's mine, that's mine, that's mine. This mining has overmined the planet and undermined humanity. Thus, the emergency we face right now. So, what do we do? I am glad I asked that question. We must go beyond the fear-based state of emergency, to a state of emergent seeing. That is where we emerge and see the genuine wealth that is all around us: the virtually infinite energy from Father Sun, the prolific nourishment Mother Earth brings us every season, the love we generate from our hearts, and the inventiveness of our minds. With this realization, we have a one way ticket out of scare city and we enter a state of a-bun-dance. That is where we get up off our assets, move our buns, face the music and dance together. In using our resources to create good goods and greater goodness, we can weave a web of mass construction that will make us all interdependently wealthy. Heartland Security and Purple People Power. So ... how do we do this? How do we go from our habitual "every cell for itself" consciousness that has caused our current "mining disaster", to acting on the evolutionary truth that we are in reality "all cells in the body of humanity?" How do we shift from survival of the fittest to thrival of the fittingest? First we must move from the fear-based Homeland Security to the love-based Heartland Security, and realize our one true security is in the land of the heart. While the beliefs in our head fool us all the time, the love in our heart is foolproof. When we face up to love, we can face down the fear. What this means in practical reality is that we must step across the "red-blue" political divide that has kept us separate, and show our true colors as one purple people. Yes, we have all been wounded by polarizing politics, so let's give ourselves a purple heart, and take the next courageous step to cohere around our shared "heart core" values and become ... we, the purple. I have a dream ... that the rednecks shall lie down with the blue necks, and we tune out the polarizing mainstream media, which is sadly a brain-washing machine stuck on spin. More than ever, we need forums not againstums, dialogue instead of debate. When the body politic stops mass-debating and chooses to have healthy, pleasurable intercourse, we will finally create a healthy brainchild together. This February, we celebrate Abraham Lincoln's bicentennial, and our friend Richard Lederer (the anagram master known as Riddler Reacher), tells us that when we scramble the letters in "Barack Hussein Obama," we get "Abraham is back: One U.S." You don't have to be a Barack-backer to see that instead of relying on leaders from above, the next evolutionary step is for us to become the leaders we have been waiting for. I am Lincoln. You are Lincoln. We are Lincoln. And by linkin' together, we free ourselves from slavery to the divisive beliefs in our minds, and form a more perfect union in the land of the heart. Sure, these ideas may seem far-fetched, but we are nearer to fetching them than ever before. Remember, we are now living in a world gone sane. Change is ahead, change is afoot, and everything is changing from head to foot. Like it or not, we are destined to have heaven on earth. Might as well get used to it.

Anti-gravity technology to be promoted in USA.

<http://www.examiner.com/x-2383-Honolulu...ity-technology>

Obama administration first 100 days to promote antigravity technology... January 19, by Michael Salla, Ph.D., Honolulu Exopolitics Examiner... General James L. Jones, Jr., USMC (Ret.). The first 100 days of an Obama administration promise a number of bold initiatives aiming to reinvigorate the U.S. economy and restore America's international image. Key personnel in the Obama administration have been appointed to implement and ensure the success of such initiatives. Among these initiatives is the anticipated release of classified technologies based on antigravity propulsion principles that can revolutionize the energy and aerospace industries. Obama's National Security Advisor, retired Marine General James Jones, will feature prominently in the releases of antigravity technologies and associated initiatives. Classified antigravity technologies have been kept from the public realm for over six decades while secretly developed by military-corporate entities. It was revealed in 1992, for example, that the B-2 Bomber used electrostatic charges on its leading wings and exhaust. According to aerospace experts, this was confirmation that the B-2 used electrogravitic principles based on the Biefeld-Brown Effect. The Biefeld-Brown Effect is based on the research of Thomas Townsend Brown who in 1928 gained a patent for his practical application of how high voltage electrostatic charges can reduce the weight of objects. **Video: The Biefeld Brown Effect** The B-2 bomber employs sufficiently high voltages to significantly reduce its weight. This enables the B-2 and other classified antigravity vehicles to display flight characteristics that appear to defy conventional laws of physics. The key Obama appointee for introducing antigravity technology into the public sector is General Jones. After retiring from the Marines on February 1, 2007, General Jones served on the Board of Direc-

tors of the Boeing Corporation from June 21, 2007 to December 15, 2008. Boeing had been active at least since the early 1990's in studies to apply antigravity technology for commercial use. In 2002, an internal Boeing project called 'Gravity Research for Advanced Space Propulsion' (GRASP) had been disclosed to the aerospace industry. A GRASP briefing document obtained by Jane's Defense Weekly stated Boeing's position: 'If gravity modification is real, it will alter the entire aerospace business.' According to a 2008 book by Dr Paul LaViolette, *Secrets of Antigravity Technology*, Boeing completed a separate classified study for the U.S. military of electrogravitic propulsion recently before October 2007. Boeing was rebuffed in its efforts to have such technology declassified and released into the public sector. As a Board Director and member of Boeing's Finance Committee at the time of the 2007 classified study, General Jones was privy to and supported Boeing's efforts in antigravity research and development. At the same time that Boeing was actively seeking to develop antigravity technologies for a new generation of aircraft, Jones became President of the Institute for 21st Century Energy. The Institute was created by the U.S. Chamber of Commerce with the following mission: To secure America's long-term energy security, America must reexamine outdated and entrenched positions, become better informed about the sources of our fuel and power, and make judgments based on facts, sound science, and good American common sense. As Obama's National Security Advisor, General Jones will be well placed to ensure that 'new energy ideas' become integrated into a comprehensive national security policy by the Obama administration. He can be expected to encourage the development and release of new energy ideas that can truly lead the U.S. into the 21st Century. The first 100 days of the Obama administration will therefore witness significant progress towards practical commercial applications of antigravity technologies.

Massive Crackdown on the Use of Scores of Toxic Pesticides

Tuesday, December 23, 2008 by [The Independent/UK](#). New EU rules, opposed by Gordon Brown, will phase out use of cancer-causing compounds in Britain, by Geoffrey Lean. Britain is to get its toughest crackdown on toxic substances in food and the environment, despite determined resistance to the safety measures from Gordon Brown. The pesticide regulations will provide better protection for bees, whose numbers have fallen alarmingly across Europe. Scores of pesticides suspected of causing cancer, DNA damage and "gender-bender" effects are to be phased out under new EU rules, which are being hailed as a revolution in the way the public is protected against poisonous chemicals. The use of all pesticides in public places is to be dramatically reduced, with aerial spraying banned anywhere in the country. Yesterday environmentalists hailed the measures – to be adopted following long negotiations between the European Parliament and individual governments – as a "landmark", while the National Farmers' Union called them "devastating". The agrochemical industry has bitterly resisted them, backed by the Prime Minister, who has voiced his concern that they would damage agriculture and food production without significantly benefiting health or the environment. Almost half of all food eaten throughout Europe has been discovered to be contaminated by pesticides, with six of the most dangerous substances among the 10 most frequently found. The European Parliament has long been pressing, with strong cross-party support, for radical controls, despite opposition from some governments, especially Britain. The new measures are the result of a compromise between the two sides, hammered

out last week. Under the deal, a list of 22 particularly hazardous chemicals used in scores of herbicides, fungicides and insecticides will gradually be phased out to avoid abrupt withdrawal from the market. The chemicals will be given a further five years' grace if banning them would put crops in serious danger. Pesticide use is to be kept to "a minimum" in parks, playgrounds, schools and near hospitals. Aerial spraying will be banned unless given exceptional approval by safety authorities. Industry will have to release the results of any studies that show harmful effects, and there is to be better protection for bees, whose numbers have been falling alarmingly across Europe. The National Farmers' Union said that the measures – which will have to be finally confirmed by the Parliament and EU leaders early in the new year – "will have a devastating effect on the horticultural industry and will see a reduction in crop yield and quality", and would also force up prices. But environmentalists dismissed this as "scaremongering", pointing out that only a small minority of the 507 substances in pesticides would be banned. Though they would have liked even tougher controls, they still hailed the agreement as a breakthrough. Hiltrud Breyer, the German Green MEP who steered the proposals through the parliament, called them a "milestone for the environment, health and consumer protection". "The EU is setting a global precedent by phasing out highly toxic pesticides," she said. Yesterday, Nick Mole, of the Pesticides Action Network, said: "This is a landmark, the biggest ever crackdown on poisonous chemicals... It says that anything hazardous to health or the environment will have to go, rather than taking the position... that if it is used properly it can be tolerated." © independent.co.uk

Creating a Natural Economy:

An Open Letter to Wage Slaves... By Dave Pollard, Chelsea Green Publishing. -- March 30, 2009.

I'm asking you to do more than just freeing yourself from a life of grinding, miserable, meaningless work by creating your own "Natural Enterprise." The following is an open letter from Dave Pollard to the readers of his book, "[Finding the Sweet Spot: The Natural Entrepreneur's Guide to Responsible, Sustainable, Joyful Work](#)". It has been adapted for the web. In our modern society, we rely on the education system to teach us what we need to know to live and make a living. That system has let us down badly. It is in the interest of those who control the current economic system, those with the established wealth and power, that we not know that there is a better way to make a living than working for them, doing meaningless work as wage slaves, just to buy ourselves some leisure time to do what has meaning for us. We each need, personally, to rediscover the joy and meaning of natural work, of Natural Entrepreneurship. Finding the Sweet Spot is an attempt to get you started on that journey. We need a blossoming of millions of Natural Enterprises, connected and collaborating and supporting each other as part of a dynamic Natural Economy. But what we also need, collectively, as a society, is a blossoming of thousands, millions of Natural Enterprises, connected and collaborating and supporting each other generously as part of a dynamic new Natural Economy. Is such a thing possible? Buckminster Fuller, who accomplished some pretty amazing things in his areas of expertise, said: You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete. And Margaret Mead, the famous anthropologist, chimed in: Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has. This is where you come in. I'm asking you to do more than just freeing yourself from a life of grinding, miserable, meaningless work by creating your own Natural Enterprise. I'm asking you to join me in being a part of a model "that makes the existing model obsolete." A model of a million Natural Enterprises, all communities within their own physical communities, the places they live and call home, and all communities within a new community of Natural Economy. It's not enough that I show you, dear readers, the way to create a Natural Enterprise, and start you on this journey. We owe it to our larger community, our fragile planet struggling under the oppressive weight of an industrial economy that is destroying it, the larger community of all-life-on-Earth, that we take heart from Bucky Fuller and courage from Margaret Mead and create, together, a model that will show the world that there is a better way to make a living, and a better way to live. We can do this. This Natural Economy could come about as quickly and miraculously as the Industrial Economy was ushered in by the steam engine and the division of labor, and could transform the way we make a living just as dramatically. This Natural Economy is nothing more than a huge Natural Enterprise in which we will all be, must all be, partners. Its collective Purpose is nothing less than to save the world. Between us, we have the collective Gifts and collective Passions and the capacities and knowledge that are "on Purpose" to make it happen. When you first go to the Natural Enterprise Web site you will find a Pledge. This Pledge is to join in equal partnership with others creating Natural Enterprises, to be a model, to help show the whole world a better way to make a living, responsibly, sustainably, joyfully.

Please join me in taking that Pledge, and becoming part of what might be, through the power of people, knowledge, innovation, partnership, collaboration, and generosity, the most important enterprise the world has ever known.

Native American Code of Ethics

1. Rise with the sun to pray. Pray alone. Pray often. The Great Spirit will listen, if only you speak.
Be tolerant of those who are lost on their path.
2. Ignorance, conceit, anger, jealousy and greed stem from a lost soul. Pray that they will find guidance.
3. Search for yourself, by yourself. Do not allow others to make your path for you. It is your road, and yours alone. Others may walk it with you, but no one can walk it for you.
4. Treat the guests in your home with much consideration. Serve them the best food, give them the best bed and treat them with respect and honor.
5. Do not take what is not yours whether from a person, a community, the wilderness or from a culture. It was not earned nor given. It is not yours.
6. Respect all things that are placed upon this earth - whether it be people or plants.
7. Honor other people's thoughts, wishes and words. Never interrupt another or mock or rudely mimic them. Allow each person the right to personal expression.
8. Never speak of others in a bad way. The negative energy that you put out into the universe will multiply when it returns to you.
9. All persons make mistakes. And all mistakes can be forgiven.
10. Bad thoughts cause illness of the mind, body and spirit. Practice optimism.
11. Nature is not for us, it is a part of us. They are part of your worldly family.
12. Children are the seeds of our future. Plant love in their hearts and water them with wisdom and life's lessons. When they are grown, give them space to grow.
13. Avoid hurting the hearts of others. The poison of your pain will return to you.
14. Be truthful at all times. Honesty is the test of one's will within this universe.
15. Keep yourself balanced. Your Mental self, Spiritual self, Emotional self, and Physical self, all need to be strong, pure and healthy. Work out the body to strengthen the mind.
Grow rich in spirit to cure emotional ills.
16. Make conscious decisions as to who you will be and how you will react. Be responsible for your own actions.
17. Respect the privacy and personal space of others. Do not touch the personal property of others, especially sacred and religious objects. This is forbidden.
18. Be true to yourself first. You cannot nurture and help others if you cannot nurture and help yourself first.
19. Respect others' religious beliefs. Do not force your belief on others.
20. Share your good fortune with others. Participate in charity.

Terri Jean

Many other wonderful material to discover at http://www.celticgardens.com.au/visions_menu.html

Scientists Who Trust Their Own Evidence Take Action

...By Clinton Callahan

From: <http://mwcnews.net/content/view/29597/26/>... - <http://www.just-stop.org>.....

Einstein's bomb worked, remember, so he may also be right when he said, No problem can be solved from the same level of consciousness that created it. How much longer will you continue believing that the same system that created global warming and financial collapse has the ability to fix it? Here are actions to take: It seems to me that we are at the go/no-go moment in terms of preventing the methane tipping point from avalanching into unstoppable global warming. It could be the moment for scientists around the world who trust their own global warming evidence to withdraw from the system that propagates the global warming.

Withdrawal from the system is neither symbolic nor philosophical. Withdrawal is swift, total and drastic. The intention is to proactively collapse the carbon economy to give humanity a chance to change direction. This would require great personal efforts and sacrifice on the part of the scientists. It would impact our families, teams, companies and organizations with a radical change of plans. It would also require you to take your own work seriously. If you do not trust your evidence enough to take direct personal action, why should someone else? If our withdrawal could critically disable the carbon economy, its rapid demise would avoid even greater suffering from flood, draught, worldwide famine, and continued resource wars.

Abandoning modern culture proactively as a result of trusting scientific evidence would prove that human intelligence exists. It would be like steering a careening brakeless automobile into the hillside to stop it rather than doing nothing. By intentionally crashing the car someone might survive. Flying off the cliff is suicide for all. The choice is not actually up to political authorities. The choice is up to the creative powerhouse behind the industrial machine: you, the scientists, engineers, programmers, designers, technicians and researchers keeping things going. To continue a carbon-hungry consumer lifestyle in the face of recent climate-change knowledge makes us no more intelligent than bacteria, consuming beyond the carrying capacity of our resources and dying in our own wastes. Withdrawal is simple and effective. It is nonviolent noncooperation with whatever is nonsustainable. This would include: - Quit your job, because almost no organization including corporate, government, military, and education are sustainable; business assumes it is possible to externalize true costs. - Sell your car, change to bicycle, public transportation, horse, and walking. - Become basically vegetarian. - Create community; learn the soft skills of village weaving. - Find your people, create sustainable culture, not money-based but collaboration-based; collaboration is wealth, power and satisfaction. - Establish local authority and local autonomy. - Move out of your house or off-the-grid, e.g. straw bale passive solar, etc. - With your people, grow most of your own food without fertilizers, pesticides, or tractors. - Avoid imported foods such as bananas, pineapples, out of season fruits, spices, coffee, chocolate, sugar. - Avoid fast food chains; they abuse third world labor and resources, pumping money away from third world economy and your local economy. - Move away from mainstream pharmaceuticals and learn alternative healing and preventative health care. - Home-school the children, learning together how to heal yourselves of TPP

(technopenuriaphobia - the fear of the loss of technology, as explained in the book *Radiant Joy Brilliant Love* - <http://www.radiant-joy.com/> - Recognize the Second Copernican Revolution, that people do not own nature. Nature owns people. Nature and people both have more value than money. - Learn to make or grow most everything you need: shaving cream, soap, toothpaste, shampoo, toilet paper, etc. - Shift from the disposable mentality (throw away things when they break) to repairable mentality. - Stop using petrochemical plastics, packaging, newspapers, mail order catalogues. - Refuse to make any garbage at all, recycle everything (look in your garbage - it reveals the unsustainable part of your lifestyle). - Stop air flights, boat trips, exotic vacations; reorient towards pilgrimage, restoring nature, and local outdoor adventures by foot. - Get rid of most of your stuff, anything you have not touched in the past year. - Avoid TV and canned entertainment; instead get with friends and create living theater, sing, retell legends, build musical instruments, dance, make art, engage authentic transformational processes, explore new territories of experience. - Learn new communication skills; expand your abilities to be physically, intellectually, emotionally and spiritually intimate. - Avoid the paradigm of money and adopt a local paradigm of creating abundance through giving to each other. - Sell your stocks, securities and investments, and deal openly with your addiction to gambling. - Divest your interests in buildings or land that you do not inhabit full-time. - Direct your time and energy towards befriending and nurturing children, plants and animals, collaborating with your neighbors and effective organizations; celebrate together a lot. - Change your orientation so that work is about what matters to you rather than working to pay the bills. - Transform your relationship to fear so you can enter states of raw creation and invention. - Implement cultural innovations that develop every person's beneficial potential. - Shift from increasing having to increasing being. Give presence rather than presents. - Reorient towards personal development rather than personal possessions. - Reorient from consuming to renewing the natural environment. - Develop your capacity to experience and express love. If you already see the perfect storm about to hit humanity and trust your own findings, then immediately and completely extricating yourself from the system that generates the problems is appropriate. Let the system fail. It was not well thought out. Our combined population growth and harmful technological waste products grew so quickly, we did not have time to make other plans. By redirecting your incredible creative capacity towards generating sustainable culture, then we *Homo sapiens* could be true to our name. What do you actually think about this? Does it make sense? What are you willing to say and do along these lines? What can you stop now? Next week? Next month? What do the people you know say and do about this? Many people criticize the idea of proactively collapsing the carbon economy. Are you ready to take action even if others won't? How much longer will you wait before you replace talk with personal action? For creative collaboration and support in your choices assemble a Just Stop Team <http://www.just-stop.org/97.0.html?&L=1>. Thank you for considering this.

Clinton Callahan, originator of Possibility Management and Phoenix Process, author of *Radiant Joy Brilliant Love*, founder of Callahan Academy, empowers responsible creative leadership through authentic personal development. He has traveled, lived or worked in 36 different countries, and is co-creating a sustainable-culture research ecovillage in Southern Germany.

THIS IS A LONG BUT FASCINATING SCIENTIFIC ARTICLE THAT HELPS SHED SOME LIGHT ON WHAT IS SET TO

HAPPEN IN 2012 ...and beyond...Forwarded by Mark Kimmel (123@zqyx.org)...From: dprogram.net/2009/02/26/the-emerging-sunspot-cycle-24-and-a-weakening-magnetic-field/.....The Emerging Sunspot Cycle 24 and a Weakening Magnetic Field. What does this mean for our planet and species? By Alex Ansary (With pictures and graphics at the URL above) ..Introduction...If you were thinking that the only things we have to be concerned about include wars, famines, and economic crashes, think again. New scientific discoveries are indicating that this next solar flare cycle could potentially be powerful enough to disrupt our planet's entire electric grid. In this report, I will document the number of changes taking place with our magnetic field, the sun and our solar system while explaining some of the concerns that today's leading scientists have voiced. I will also be examining how humankind may also be affected energetically. What is Electromagnetic Pollution? TV, cell phone towers, power lines, and house appliances-while they make lives more convenient for some, they also contribute to polluting our electromagnetic atmosphere. A growing number of scientists, health care professionals, and concerned citizens argue that these invisible frequencies are responsible for a host of various health problems. Meanwhile, the largest polluter has gone unnoticed: the sun. And it's about to fire up again. Our Planet's Magnetic Field - The magnetosphere is a bubble of magnetism that surrounds Earth and protects us from solar wind. Fortunately, our planet's magnetic field diverts most particles into a circular path around the Earth. Like weather patterns found on Earth, solar wind patterns can change rapidly. Luckily, our planet's magnetosphere quickly responds to the threat and absorbs the impact, wiggling and jiggling in the process. Geophysicists call this reaction a geomagnetic storm, but because of how it disrupts the Earth's magnetic field, it could also be called electromagnetic pollution. This is when we see the Aurora Borealis in our night skies. But strange things are happening in both outer and inner space - The Earth's magnetic field has been decreasing. This decrease actually began 2000 years ago, but the rate of decrease suddenly became much more rapid 500 years ago. Now, in the last 20 years or so, the magnetic field has become erratic. Aeronautical maps of the world - which are used to allow airplanes to land using automatic pilot systems - have had to be revised worldwide in order for the automatic pilot systems to work. Late last year, the Arctic ice cap on the exact spot of the North Pole completely melted for the first time in known history. Green Peace reported that, relative to the winter ice pattern, the cap had previously melted over 300 miles toward the pole, and that late last year both military and civilian ships were able to actually pass directly over the North Pole. It was water. Until now, as far as we know, there has never been a time where the ice was less than ten feet thick. In contrast, the South Pole has an ice cap that is about three miles deep, and yet huge pieces of ice continue to break off and melt. There is a now a Giant Breach in the Earth's Magnetic Field - NASA's five THEMIS spacecraft have discovered a breach in Earth's magnetic field ten times larger than anything previously thought to exist. When this happens, solar wind can flow in through the opening to "load up" the magnetosphere for powerful geomagnetic storms. Exploring the mystery is a key goal of the THEMIS mission, launched in February 2007. The big discovery came on June 3, 2007, when the five probes serendipitously flew through the breach just as it was opening. Onboard sensors recorded a torrent of solar wind particles streaming into the magnetosphere, signaling an event of unexpected size and importance. But the breach itself is not the biggest surprise. Researchers are even

more amazed and baffled at the unexpected way it forms, overturning long-held ideas of space physics. "At first I didn't believe it," says THEMIS project scientist David Sibeck of the Goddard Space Flight Center. "This finding fundamentally alters our understanding of the solar wind-magnetosphere interaction." "The opening was huge-four times wider than Earth itself," says Wenhui Li, a space physicist at the University of New Hampshire who has been analyzing the data. Li's colleague Jimmy Raeder, also of New Hampshire, says "1027 particles per second were flowing into the magnetosphere-that's a 1 followed by 27 zeros. This kind of influx is an order of magnitude greater than what we thought was possible." Scientists Surprised - The size of the breach shocked researchers. "We've seen things like this before," says Li's colleague Jimmy Raeder, "but never on such a large scale. The entire day-side of the magnetosphere was open to the solar wind. This is changing our understanding of the universe. Space physicists have long believed that holes in Earth's magnetosphere open only in response to solar magnetic fields that point south. The great breach of June 2007, however, opened in response to a solar magnetic field that pointed north. To the lay person, this may sound like a quibble, but to a space physicist, it is almost seismic. It means that something is happening out there that they didn't predict and that is what has them frightened. Unexpected Shield Drop - Here is where the scientific understanding our how magnetic field is changing: What is understood today in the scientific community is that the solar wind presses against the Earth's magnetosphere almost directly above the equator where our planet's magnetic field points north. Scientists previously believed that if a bundle of solar magnetism came along, and points north, too, the two fields should reinforce one another strengthening Earth's magnetic defenses and slamming the door shut on the solar wind. In the language of space physics, a north-pointing solar magnetic field is called a "northern IMF" and it is synonymous with shields up. The big surprise is that when a northern IMF came along, the shields went down. This is completely overturning many scientists understanding of things. As Researchers investigated the tear in the magnetic field, they discovered that twenty times more solar wind passed into the Earth's protective shield when the magnetic fields were aligned. Northern IMF events don't actually trigger geomagnetic storms, notes Raeder, but they do set the stage for storms by loading the magnetosphere with plasma. A loaded magnetosphere is primed for auroras, power outages, and other disturbances that can result when a CME (coronal mass ejection) hits. This means the impact of solar flares are twenty times as strong with the magnetic lines are aligned. Earth's and the sun's magnetic fields will be in sync at the solar cycle's peak, expected in 2012. This will cause an influx of solar particles. What the scientists didn't discuss is the impact on the human bioelectrical system. The earth's magnetic field impacts climate - The earth's climate has been significantly affected by the planet's magnetic field, according to a Danish study published in January 2009 that could challenge the notion that human emissions are responsible for global warming. "Our results show a strong correlation between the strength of the earth's magnetic field and the amount of precipitation in the tropics," one of the two Danish geophysicists behind the study, Mads Faurischou Knudsen of the geology department at Aarhus University in western Denmark, told the Videnskab journal. The results of the study, which has also been published in US scientific journal Geology, lend support to a controversial theory published a decade ago by Danish astrophysicist Henrik Svensmark, who claimed the climate was highly influenced by galactic cosmic ray (GCR) particles penetrating the earth's atmosphere. Rapid changes in the churning movement of Earth's liquid outer core are weakening the magnetic field in some re-

gions of the planet's surface, a new study says - "What is so surprising is that rapid, almost sudden, changes take place in the Earth's magnetic field," said study co-author Nils Olsen, a geophysicist at the Danish National Space Center in Copenhagen. The findings suggest similarly quick changes are simultaneously occurring in the liquid metal, 1,900 miles (3,000 kilometers) below the surface, he said. Fluctuations in the magnetic field have occurred in several far-flung regions of Earth, the researchers found. The changes "may suggest the possibility of an upcoming reversal of the geomagnetic field," said study co-author Mioara Mandea, a scientist at the German Research Centre for Geosciences in Potsdam. Earth's magnetic field has reversed hundreds of times over the past billion years, and the process could take thousands of years to complete. The decline in the magnetic field also is opening Earth's upper atmosphere to intense charged particle radiation, scientists say. Cosmic Rays are slamming Earth - An international team of researchers has discovered a puzzling surplus of high-energy electrons bombarding Earth from space. The source of these cosmic rays is unknown, but it must be close to the solar system and it could be made of dark matter. Their results are being reported in the Nov. 20th issue of the journal Nature. "This is a big discovery," says co-author John Wefel of Louisiana State University. "It's the first time we've seen a discrete source of accelerated cosmic rays standing out from the general galactic background." To study the most powerful and interesting cosmic rays, Wefel and colleagues have spent the last eight years flying a series of balloons through the stratosphere over Antarctica. Their NASA-funded cosmic ray detector found an significant surplus of high-energy electrons. "The source of these exotic electrons must be relatively close to the solar system-no more than a kiloparsec away," says co-author Jim Adams of the NASA Marshall Space Flight Center. Galactic cosmic rays are subatomic particles accelerated to almost light speed by distant supernova explosions and other violent events. They swarm through the Milky Way, forming a haze of high energy particles that enter the solar system from all directions. Cosmic rays consist mostly of protons and heavier atomic nuclei with a dash of electrons and photons spicing the mix. Why must the source be nearby? Adams explains: "High-energy electrons lose energy rapidly as they fly through the galaxy. They give up energy in two main ways: (1) when they collide with lower-energy photons, a process called inverse Compton scattering, and (2) when they radiate away some of their energy by spiraling through the galaxy's magnetic field." High-energy electrons are therefore local but the researches cannot pinpoint the source in the sky. The Sun - The sun is a massive electromagnetic broadcaster which floods the planets of the solar system with heat, light, UV radiation, and electrically charged particles. The Sun itself has a magnetic field, and that magnetic field creates an "egg" around the Solar System that is known as the "heliosphere." The heliosphere is shaped like a teardrop, with the long, thin end of the drop pointing away from the direction in which we're traveling. The Sun is the center of our Solar System, and all life that is on this Earth came from the Sun. If there were no Sun, we would not be alive. This is simply scientific fact. And so any changes that occur in or on the Sun will eventually affect every person alive. The solar activity during this last sunspot cycle was greater than anything ever seen before. The Sun's magnetic field has changed in the last 100 years - One recent study by Dr. Mike Lockwood from Rutherford Appleton National Laboratories in California has been investigating the Sun activity for the last hundred years. He reports that since 1901 the overall magnetic field of the Sun has become stronger by 230 percent. Scientists do not understand what that means for us. Some of the sunspot activity in this last cycle was greater than anything ever recorded before in history.

But scientists claim that they don't understand what that means either. "Obviously, the sun is Earth's life blood," said Richard Fisher, director of the Heliophysics division at NASA. "To mitigate possible public safety issues, it is vital that we better understand extreme space weather events caused by the sun's activity." According to NASA, it is beginning another 11-year cycle of activity - The Sun flips its Magnetic Poles every eleven years. Considering that the Sun is to blame for some unfavorable climate changes on the Earth, the coming decade could spell more trouble for our planet. The years ahead could be intense. Raeder explains: "We're entering Solar Cycle 24. For reasons not fully understood, CMEs in even-numbered solar cycles (like 24) tend to hit Earth with a leading edge that is magnetized north. Such a CME (coronal mass ejection) should open a breach and load the magnetosphere with plasma just before the storm gets underway. It's the perfect sequence for a really big event." Every 10-11 years, the number of sunspots found on our closest star rise from 0 (as it is currently in 2008) to a high of over 400. While the sunspots themselves don't affect Earth, the solar flares and other disturbances emanating from our sun during increased sunspot activity result in an increased number of particles (electrons and protons) and harmful light radiation (ultraviolet and x-rays), known as solar wind. If it weren't for Earth's protective magnetic field and atmosphere, this bombardment of particles would burn us to a crisp. Sunspot Cycle 24 peaking around 2012 could be one of the strongest in centuries - The next sunspot cycle will be 30-50% stronger than the last one and begin as much as a year late, according to a breakthrough forecast using a computer model of solar dynamics developed by scientists at the National Center for Atmospheric Research (NCAR). Predicting the Sun's cycles accurately, years in advance, will help societies plan for active bouts of solar storms, which can slow satellite orbits, disrupt communications, and bring down power systems. The scientists have confidence in the forecast because, in a series of test runs, the newly developed model simulated the strength of the past eight solar cycles with more than 98% accuracy. The forecasts are generated, in part, by tracking the subsurface movements of the sunspot remnants of the previous two solar cycles. The team is publishing its forecast in the current issue of Geophysical Research Letters. Solar Cycle 25 peaking around 2022 could be one of the weakest in centuries - The Great Conveyor Belt is a massive circulating current of fire (hot plasma) within the Sun. It has two branches, north and south, each taking about 40 years to perform one complete circuit. Researchers believe the turning of the belt controls the sunspot cycle, and that's why the slowdown is important. "Normally, the conveyor belt moves about 1 meter per second-walking pace," says Hathaway. "That's how it has been since the late 19th century." In recent years, however, the belt has decelerated to 0.75 m/s in the north and 0.35 m/s in the south. "We've never seen speeds so low." According to theory and observation, the speed of the belt foretells the intensity of sunspot activity ~20 years in the future. A slow belt means lower solar activity; a fast belt means stronger activity. "The slowdown we see now means that Solar Cycle 25, peaking around the year 2022, could be one of the weakest in centuries," says Hathaway. History of measuring solar flare activity - The first measuring instruments made their appearance 440 years ago. They showed that our nearest star treats the Earth to more than just solar eclipses. Sunspots, solar flares, faculae and other phenomena affect everything on the Earth: from atmospheric events to human behavior. These phenomena are known collectively as solar activity. This activity, expressing itself through bursts of solar radiation, magnetic storms or fiery flares, can vary in intensity, from very low to very strong. It is the storms that pose the greatest danger to civilization. History of solar activity affecting the grid - On August 28,

1859, polar lights glowed and shimmered all over the American continent as darkness fell. Many people thought their city was aflame. The instruments used to record this magnetic fluctuation across the world went off their scales. Telegraph systems malfunctioned, hit by a massive surge in voltage. It was perhaps the worst in the past 200 years and with the advent of modern power grids and satellites, much more is at risk. This was an actual solar storm. Its results for humankind were small, because civilization had not yet entered a hi-tech phase of development. Had something similar happen in our nuclear space age, destruction would have been catastrophic. Meanwhile, according to scientific data, storms of such size occur relatively seldom: once in five centuries. But events with half the intensity happen every 50 years. The last one took place on November 13, 1960 and disturbed the Earth's geomagnetic fields, upsetting the operation of radio stations. How this could impact our grid today - Now our dependence on radio electronic devices is so immense that increased solar activity could disable life-support systems all over the world, and not only on the surface. Poor space weather makes all orbital systems malfunction. A heavy solar storm can cause disruption to space-based navigation systems. NASA is now sounding an alarm because our continent is so close to the northern magnetic pole and is the most vulnerable to solar activity. A study by the MetaTech Corporation revealed that an impact similar to that of 1859 would incapacitate the entire electricity grid in North America. Even the relatively weak magnetic storm of 1989, provoked by solar activity, caused an accident at a Canadian hydro-electric power plant that left 6 million people in the U.S. and Canada without electric power for nine hours. A new study from the National Academy of Sciences also outlines grim possibilities on Earth for a worst-case scenario solar storm. Modern power grids are so interconnected that a big space storm - the type expected to occur about once a century - could cause a cascade of failures that would sweep across the United States, cutting power to 130 million people or more in this country alone, the new report concludes. Such widespread power outages, though expected to be a rare possibility, would affect other vital systems. "Impacts would be felt on interdependent infrastructures with, for example, potable water distribution affected within several hours; perishable foods and medications lost in 12-24 hours; immediate or eventual loss of heating/air conditioning, sewage disposal, phone service, transportation, fuel resupply and so on," the report states. Outages could take months to fix, the researchers say. Banks might close, and trade with other countries might halt. "Emergency services would be strained, and command and control might be lost," write the researchers, led by Daniel Baker, director of the Laboratory for Atmospheric and Space Physics at the University of Colorado in Boulder. Could cycles of war and peace be tied to cycles of the sun? - Some researchers claim that geomagnetic storms affect brain waves and hormone levels, causing a number of different reactions, predominately in males. While a few women may also experience changes during these storms, they generally seem less affected by the sun's behavior. Reacting to changing hormone levels, some men may become increasingly irritable and aggressive, while others may instead become more creative. An increase in solar activity is found to increase psychotic episodes in individuals who already suffer from unstable psychological states. While we might relate such behavior to a full moon, in 1963, Dr. Robert Becker and his colleague, Dr. Freedman, demonstrated that solar changes also lead to a noticeable increase in psychotic activity. Yet these reactions are not simply isolated to a few particularly sensitive or unlucky individuals. Evidence indicates that wars and international conflicts most often break out when sunspots are rapidly forming or rapidly decaying, as these are times when there are more

intense geomagnetic storms. In addition, this increase in solar activity also correlates to periods of more accidents and illness, as well as an increase of crimes and murders. The entire biosphere is affected by this electromagnetic pollution, and human behavior seems to react accordingly. Not all geomagnetic storms are disruptive. But over time, these extremes in solar activity may also affect periods of earthly conflict. The data on cycles of war and peace extend back at least 2,500 years. (Some believe that they may be traced even further, but the records are not as reliable.) Although some may argue that it seems as if there is always war somewhere, records show that periods of conflict increase and decrease in nearly regular cycles. Studies in Russia - Some Russian scientists say that these same changes taking place now within our solar system and planet were occurring when the dinosaurs became extinct - a time that marked a gigantic shift in the earth's climate and weather patterns, and perhaps a pole shift, as well. Our planet hasn't flipped its Magnetic Poles in 780,000 years and may be long overdue. The Solar System - The atmospheres of five of the planets and the Earth's moon are changing. The earth's atmosphere in the upper levels is forming HO gas that didn't exist in the quantity that it does now. The Scientists from the Russian National Academy of Science say it's not related to global warming, CFCs or fluorocarbon emissions. They claim the atmospheres of Jupiter, Uranus and Neptune are also are changing. The Martian atmosphere is getting sizably thicker than it was before. The Mars Observer probe in 1997 lost one of its mirrors, which caused it to crash. This happened because the atmosphere was about twice as dense as NASA had calculated. The brightness and magnetic field of the planets is changing - Venus is showing marked increases in its overall brightness. Jupiter's energetic charge has risen so high that there is actually a visible tube of ionizing radiation that's formed between the surface of Jupiter and its moon Io. You can actually see the luminous energy tube in photographs that have been taken recently. Uranus and Neptune also are becoming brighter. The magnetic fields of Jupiter, Uranus, and Neptune are changing. Jupiter's magnetic field has more than doubled and Neptune's magnetic field is increasing. All three of these planets are becoming brighter, and their atmospheric qualities, say the Russians, are changing - but they do not explain what is meant by this. The Russians report that Uranus and Neptune appear to have had recent pole shifts. When the Voyager II space probe flew past Uranus and Neptune, the apparent north and south magnetic poles were sizably offset from where the rotational pole was in earlier recordings. In one case, it was 50 degrees off, and in the other case the difference was around 40 degrees. What Is Going On? - Since 1900 we have gone from riding horses to launching satellites into space. From sending letters by horseback to firing them off with instantaneous email, cell phones, and faxes. On the other hand, we have gone from warring with primitive weapons to atomic bombs and bioterrorism. *And perhaps even more significantly, in 1900 the Earth had 30 million species, species which took billions of years to create. Now, we have less than half that number - fewer than 15 million species. And this all happened in 100 years: a geological blink of an eye.* Disturbingly, we may be at the brink of World War Three following an economic crash of the world economy. This new information about the changes in our solar system comes at an interesting time for our planet. It could be possible that for some time celestial events may have been playing their part in shaping our way of life on the planet, and that these changes that we are now seeing with our sun, magnetic field, and solar system may be the very thing that changes our world as we know it into something new. Only time will tell, but it appears that the future may already be here....

The World According to the Outer Planets - 2012: What Lies Ahead in the Coming Years?by Richard Giles

There are not many reading this article who will not have heard of the year 2012 and the vast range of predictions made about this key date and what it may bring. They range from tales of dramatic planetary impacts, comets striking us and seas rising, to the collapsing of the financial system, the demise of western civilisation and the drama of a new consciousness that will sweep the planet, ascension to higher realms, contact with ET civilisations and shift for us all into a new way of caring for our mother world. With the disturbing news that broke in the world's media in the last year or so about planetary warming (although many readers will have known these facts years ago) and the subsequent effects on our expectations of living standards, there's not many who do not feel that we are living in momentous times, as the Chinese proverb says (it keeps being quoted). The collapse of the credit system we are so used to in the USA and other western economies has arrived to remind us that paper money is just that, dollar values printed on paper. Credit is just that, a promise of material purchase today and a philosophy of pay for it later. With the Earth and its life forces and resources we've had the same approach - I'll use it all up now and pay for it later. Let someone else down the track take care of it. Well, its caught up to us all and the entire western material based civilisation that runs much of the planet has had to breathe in a very deep breath and take serious stock of what we've been doing all these years. For some its to the extent that they've lost houses, their land and their livelihood in a nation of seeming affluence and material excess. The runaway resources train is quickly arriving at the end of the line. **GREAT HISTORICAL CYCLES....**We are in a major period of changing and shifting historical cycles, perhaps even the mother of all cycles. Historical cycles' beginnings and ends are very hard to spot from our narrow day to day perspective. But from an astrologer's viewpoint these cyclic directions can be plotted and understood to some extent but are not always clear until afterwards. There are a number of present influential shifts to do with the outer planets; Saturn, Chiron, Uranus, Neptune and Pluto. What I'll do here is to cover some of the coming themes to give you an idea of where the next four to five years will take us. We have several large planetary combinations to consider here over the next five years - there's Jupiter, Neptune and Chiron conjuncting in Aquarius in 2009/10, there's Uranus and Jupiter moving into Aries in 2010, there's Pluto's solid ice-breaker passage through Capricorn from 2008 (the first time for 247 years), there's Saturn (the task master) moving into the justice sign of Libra in 2009 and there's Saturn opposing Uranus (2008/09/10) and also squaring off with Pluto in 2009/10. In 2010 Chiron the healer goes into Pisces and in 2011 Neptune the illusionist also moves into Pisces, its own sign, for the first time in 165 years. First is the Jupiter, Neptune and Chiron triple conjunction in Aquarius. This is going to have a two-fold effect. From one perspective I see the Jupiter/Neptune/Chiron line-up (at 26/ 27 degrees Aquarius) as the first real introduction of energy healing to the planet on a larger and more public scale. Since Aquarius rules technology then Chiron the healer with Neptune the mystic in cooperation with Jupiter the expansive optimist, will increase and broaden the role of subtle energies involved in healing through technological means so that these methods become more acceptable to the mainstream. This is going to manifest as Star Trek type technologies being used on a larger scale to heal illness and disease as well as dealing with mental illnesses. Its also going to lull us as to the true state

of the economy and our free market system. We will probably feel that anything can be tackled given the right technologies and that we can win any struggle where darkness or ignorance is involved. It will take until early 2010 before this sometimes false optimism wears off and tells us we need total reforms. A sense of optimism will embrace the markets and the economy will seem to recover in part in 2009. Children born under this triple combination will be wired into the collective consciousness. The Jupiter/Neptune combination on its own produces children who are very great spiritual dreamers for a better world and who have much sympathy for those downtrodden and ill. They use their own resources unstintingly to help. In February 2009 six planets will be in Aquarius and February 2010 sees the New Moon and three other planets in Aquarius involving Chiron/Neptune. I suggest these kids will be using the internet to run their own websites by age five and hooking into the planetary collective mind right from birth. They will think in ways that is beyond our understanding today. **A BIG CROSS - THE CARDINAL SIGNS SING....**By the year 2010 we move to the most significant point in the new cycles that are active in the four year countdown to 2012. Every now and again four planets sit in opposite portions of the heavens opposing and squaring one another. It can happen between the groupings of signs so that each planet is 90 degrees from each other creating a huge cross in the sky. This happened back in the great eclipse of August 11, 1999. Coming up in June, July and August 2010 we have just such a cross, called in astrology the Grand Cross. It forms as four planets move into the cardinal signs. Which are they? The Cardinal signs are Aries, Cancer, Libra and Capricorn - so called because they are the first signs and the activators of the zodiac. Cardinal signs denote initiation, creation, trials, action, ambition, support and influences. On the personal level they represent the role of the individual in public affairs and the movements of the time. In 2008 Pluto moved into Capricorn, in 2009 Saturn moves into Libra, and in 2010 Uranus moves into Aries. In June 2010 Jupiter meets Uranus in Aries and in July 2010 Mars meets Saturn in Libra. Its gets crowded and during the months of June/July the personal planets Mercury, Venus and the Sun all move into Cancer creating the large cross across the heavens. Here is where our financial system really becomes unseated. Though governments and other financial experts are saying that we can weather this current financial credit and banking crisis, the truth is that astrologically, we have only entered the beginning of a long process that will later see what we've come to accept as easy credit and simple home loans, vanish forever. In July/August 2010 as Mars reaches Libra, the cracks will become wider and wider. They can't be pasted over with dollar notes anymore. The previous six months of 2008 have created the credit crisis in most economies and the resulting recession, loss of homes, cars and jobs means we are all in rapid reassessment mode regarding our financial systems. July and August 2010 will see that sink into everyone who has even a modicum of awareness. It will appear our current systems just don't cope anymore as they're based on the wrong premises. It may look like the Australian or European economies are pulling through over the next year, but alas, that's not to be. What gives us hope in the world of financial rearrangements and collapses is that Jupiter and Uranus are coming together in Aries, the sign of initiatives and new approaches. On New Year's day 2011, the year begins with Jupiter the expander and Uranus the awakener in close conjunction in Aquarius. These two together make for freedom and an expansive desire for new individual solutions to the financial crisis. Jupiter pushes Uranus to broaden experience, experiment with unorthodox ways and come up with new methods to deal with old problems. Another effect of this combination is to

open eyes to new possibilities and new ways of trying to solve old problems. Optimism for new solutions in that year will be high. The early cardinal astrological points are found in some very significant world charts. In the charts of the IMF, (the International Monetary Fund, 1945), The New York Stock Exchange (1792), the World Bank (1944), the USA birth chart (1776), the Australian birth chart (1901), the US Federal Reserve (1913) and the US Dollar (1785). Every one of these key charts is basically transformed by the changes coming through in 2010. In astrological terms its said these major points in their charts are hit off. It means all these institutions and countries will be experiencing a very tough time of the next four years and will have to undergo major changes to belief systems and structures. **REFORM, REFORM, REFORM.....**It means - reform, reform, reform and if you don't reform then the basic outcome is some sort of collapse. This will hit people, economies and nations in varying degrees depending on how flexible the systems are, how aware people are of the need for change or how resistant they are to change. At the writing of this article two major astro-aspects are underway. They are the Saturn opposition to Uranus which brought November's US presidential election into focus. The first pass of Saturn/Uranus was on 4th November, election day. The next passes are February and September 2009, then April and July 2010. Saturn is the principle of conservation and tradition and is being confronted by the urge for something completely new, even revolutionary, which is Uranus, and that makes for a complete break with the past. Its like an earthquake causing established structures to fall apart, bringing new ways of looking with insight. What's happened in the US presidential elections has shaken the establishment to the core with a surge of new energy and ideas. At the same time the most conservative forces of negative criticism and scandal mongering have been at work (this is also Uranus). The best integration of these two contrary forces will be radical reform of the existing framework (Saturn) where conscientiousness and authenticity (Uranus) become paramount. That pressure on financial institutions is here right now in the current money crisis. The other aspect is Jupiter trining Saturn coming in late November. This is more likely to help reform the money system and is a highly favourable aspect for business interests and the overall financial outlook. Since Jupiter and Saturn are in practical earth signs, it offers an opportunity for leaders to come together to forge a workable plan of action. Jupiter's influence harmonises the stressed Saturn and Uranus. In October 2009 Saturn the taskmaster, goes into Libra where the tasks are to find justice and balance. If we cannot find it then things have to be taken apart and the justice in world financial systems will be found wanting and put up for minute examination. Saturn/Pluto square which begins November 2009, January and August 2010 will make visibly apparent larger cracks in any finance system and bring on dramatic shifts. It signals intensity, taboo breaking and issues about power and control - who is really in charge? It does indicate victory in that area of life but it will be at the cost of tears and sweat. We are not going to change things easily and in a hurry - many will miss the boat and become loners or leave their lovely consumer based society with a great deal of regret and strife. People's uprisings or even food riots may be felt in all countries including western economies. People will also begin to take responsibility for their own lives more willingly. **AUSTRALIA'S BIRTH CHART.....** Australia was born at its federation ceremony in 1901 and being a Capricorn has two planets there. The Sun, which is the heart of our nation and Saturn, the sunburnt country part of us. The bush and the desert make for hard taskmasters. In 1975 Pluto was passing through Libra and in November 1975 you

may remember (if you're that age) the Whitlam Labour government being sacked by the governor general. It was a major upheaval in Australian history. With Australia's birth Sun at 10 degrees Capricorn, in November 1975 Pluto, planet of eruptions, was at 10 degrees Libra, an exact square to our Sun. In April 2012 Pluto is almost on our Sun, and in January 2013 its sitting right atop our national Sun and the year's agenda will certainly be total change in the heart of Australia. A new system comes. Probably the most likely is that we will declare a republic about that time in Kevin Rudd's second term of office. **THE MAYAN APPROACH....**And what do the Mayans say? The Mayan people have a marvellous calendar system which is both an everyday calendar and they have another which is a personal calendar. The year is 365 days long and called the Haab calendar. The personal one is the Tzolkin and is 260 days. The story about their calendar is long and I suggest you visit www.mayanmajix.com to get one clearer picture of how it works. Carl Calleman is a Swedish biologist who's studied the Mayan calendar and sees it as a catalogue of a progression of time periods that forecasts mankind's spiritual and consciousness development. In October 2011, he says, the last cycle in our time system begin a count down to December 21st, 2012. This will be a period of immense shifts for all of us as our ability to process information and understand our world in a new light grows exponentially. By December 2012 we will have integrated so much knowledge about our basic existence that we will never be the same or want back the older standards of mistreatment of the earth and our previously blinkered view of the cosmos. It will be a new cycle in humanity's development and will take us to a new stewardship of both seen and unseen realities in the world. **What To Do?**What do you do with all this information... Panic!? I hope not. Here's a few guidelines that may be helpful for the new transformational energy as it moves through us all...1) Turn off your TV and start listening to your own inner intuition. If you need news, keep it simple from an occasional newspaper or radio. The visual images of TV news only clutter up your new clearer emerging consciousness. 2) Get to know your community and its groups and those people who live nearby to you. In a social crisis, if you know your neighbours you will be much better off. 3) Start a community garden. If not in your backyard, then on vacant land nearby and ask neighbours to join you. 4) Put away your mobile phone and plasma screen or minimise their use. 5) Find alternative sources of information to help you focus on the positive moods in the world. 6) Celebrate with friends on new and full moons and take time to have days away in the bush or go camping and get in touch with natural forces more often. 7) Support those who are not judging others and who are finding ways to mediate differences between people. We'll need those who can bring others together in the future. 8) Buy decent quality tools to use in the future, both gardening, carpentry and repair tools. 9) And finally - have fun, dance, meditate, look after people, animals and plants. Find what you can do to see the positive and support others to do the same.

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THE STATE OF THE PLANET.....by

Prabhath P. From: <http://www.envisionearth.net/gaia.html>....The spirit of our planet is stirring! The Consciousness of Goddess Earth is now rising against all odds, in spite of millennia of suppression, repression and oppression inflicted on her by a hubristic and misguided humanity. The Earth is a living entity, a biological organism with psychic and spiritual dimensions. There were many dawns during the planetary evolution, when this awareness of the living Earth flowered, only to get covered up eventually by the periodic outbreaks of materialist or otherworldly spiritualist outlooks. Evolution progresses both in linear and non-linear ways, in the form of successive cycles where the knowledge of ancients is forgotten and later revived and evolved further, seamlessly integrating what came before with newly evolving aspects. With the expansion of the patriarchal religions that focused on a male God majestically stationed in Heaven ruling over the Earth and the Universe, the memory of our planet's innate Divinity was repressed and banished into the collective unconscious of humanity. Everything related to Earth got denigrated, demonized and dismissed as profane and a drag on the aspiration towards Heaven or as mere tools to be exploited and left behind for the delusional progress of a materialistic commercial civilization. On the one side, there is the spiritualist denial. Even some eastern spiritual traditions that endeavoured to go beyond ritualistic and dogmatic religion, to some extent, inherited the Earth-weariness of the patriarchal religious discourse and strived to escape from earthly life, which they saw as illusion or maya, to a transcendental reality. Many New Agists see the Earth plane as a mere school of learning and strive to ascend to non-material realms. Religious fundamentalists hope to escape into a Heaven of Rapture leaving Earth behind. On the other side, there is the techno-materialist denial. It is now fashionable to say that Space exploration is the final frontier. Scientific rationalists and transhumanists see Earth as a mere cradle for humanity, which they can misuse and throw away later to invade other planets for transplanting unsustainable materialist lifestyles on to these space colonies. They will take their separative attitude to other planets they colonise and will trash those planets too with their 'use and throw' mentality. Such exploration of outer space without integrating the vast inner space of Consciousness will only lead to the disaster of destructive materialist imperialism spreading to the rest of the Universe. In a curious hybrid of New Age spiritualist and scientific materialist denials, some UFO cultists dream of being rescued by 'space brothers' for escaping into alien extraterrestrial techno-heavens or ethereal dimensions. Such limited dogmatic perspectives fail to see that humans are not rulers or users of the Earth, but parts of her dynamic, self-regulating and co-creative web of life made of so many forms of life. We are not living 'on' the surface of a lifeless rock orbiting the Sun in space, which we can trash after making a miserable mess of it. We are living 'inside' Earth since even the envelope of life-sustaining air we breathe is also a part of the living planet. The very biological rhythms of our mind/body system keep us alive through continuous dynamic interaction with other living creatures and the biosphere of Earth. The collective consciousness of humanity is an integral aspect of Earth. Earth, in turn, is an integral aspect of a Galactic consciousness, a living Universal consciousness and Transcendental Spirit. Even space travel will serve its true purpose only when it is done by a human species that exists as an integral part of a completely manifested Earth consciousness. Then they will realize Earth, other planets, galaxies, the Universe and other Universes as alive and as one unified multidimensional integral continuum of consciousness. Scientific rationalism, illusionist spirituality, otherworldly religions and New Agist

ascensionism constitute an adolescent phase in human evolution where they try to separate from Earth. True adulthood of humanity will dawn when we realize that humanity is an integral aspect of Earth consciousness and we can integrate into the Universal consciousness only if humanity first integrates itself collectively into a full-fledged Earth consciousness! The spirit of the living planet cannot be suppressed forever. Despite the continuing dominance of 'leaving the Earth behind' dogma of several powerful sections of humanity, the threat to the very survival of Earth due to human meddling has triggered an increasing awareness of Earth as a living being, among at least some conscious humans whose numbers are growing. The name Gaia is making a mark in the human consciousness now. Gaia was the name of the Goddess of Earth in Greek mythology. The scientist James Lovelock with his famous Gaia hypothesis, which described Earth as a self-regulating system, re-introduced the idea of Gaia to mainstream discourse. However, even Lovelock's Gaia hypothesis is only a scientific theory made within the limited framework of mainstream science, and does not acknowledge the ancient realization of Earth as an entity with a psychic and spiritual Consciousness of its own. In his recent book 'Revenge of Gaia' Lovelock surprisingly betrayed a lack of awareness of the essence of Gaia by advocating use of nuclear energy as the main fuel, which has long-term hazardous effects on the biosphere of the planet. Such devolutionary attitudes advocated by even individuals like Lovelock, who claim to stand for the Earth, point to the reluctance of the mainstream of humanity to dissolve economic, technological and religious belief systems that harm the Earth. Many ancient traditions recognized Earth as a living Conscious entity with even an energy body with chakras similar to the seven chakras of the human body. The Earth consciousness is evolving continuously. At the turning of a new millennium, we are facing perils like runaway global warming or out-of-control technology destroying not only humanity, but also the whole living planet. What we need to prevent this disaster is a revolution in the evolution of Consciousness, individual and collective, integrating the realizations of the past and also transcending them to evolve an integral and multidimensional planetary consciousness. In spite of the inability of the majority of humanity to fathom it, the planetary Consciousness of Gaia is emerging in myriad forms such as the environmental movement, the re-emergence of Goddess spirituality, eco-feminism, the urge to find unity in diversity irrespective of the religious, ideological, ethnic and national differences on the surface, the emergence of the internet as a tool that bridges geographical and temporal boundaries, and a new holistic synthesis of science and spirituality, to mention a few. THE MANIFESTATION OF GAIA CONSCIOUSNESS ON THE INTERNET...The internet has created a revolution by making it possible for people living in far flung parts of the planet to gather information and knowledge rapidly and also interact with one another through email and chat. The mushrooming of all sorts of web sites has turned cyber space into a kind of electronic brain of Earth. Any technology is a double-edged sword. It can be used for good or bad according to the level of consciousness of those who use it. So the internet too is being misused for spreading crime, pornography, soulless commercialism, terrorism, religious fanaticism and what not. However, the relatively free nature of the internet makes it an effective tool that we can use for intensifying the constructive evolution of collective and individual consciousness through focused co-creation and co-evolution. Since humanity is an integral part of the Consciousness of Gaia, the human creation of internet too can turn into an expression of Gaia consciousness if evolved properly.

Men Are Just Happier People - -

Your last name stays put.

The garage is all yours.

Wedding plans take care of themselves.

Chocolate is just another snack.

You can never be pregnant.

Car mechanics tell you the truth.

The world is your urinal.

You never have to drive to another petrol station restroom because this one is just too icky.

You don't have to stop and think of which way to turn a nut on a bolt.

Same work, more pay.

Wrinkles add character.

People never stare at your chest when you're talking to them.

New shoes don't cut, blister, or mangle your feet.

One mood all the time.

Phone conversations are over in 30 seconds flat.

You know stuff about tanks and engines.

A five-day vacation requires only one suitcase.

You can open all your own jars.

You get extra credit for the slightest act of thoughtfulness.

Your underwear is \$8.95 for a three-pack.

Three pairs of shoes are more than enough.

You never have strap problems in public.

You are unable to see wrinkles in your clothes.

Everything on your face stays its original colour.

The same hairstyle lasts for years, maybe decades.

You only have to shave your face and neck.

You can play with toys all your life.

One wallet and one pair of shoes -- one colour for all seasons.

You can wear shorts no matter how your legs look.

You can "do" your nails with a pocket knife.

You have freedom of choice concerning growing a mustache.

You can do Christmas shopping for 25 relatives on December 24 in 25 minutes.

No wonder men are happier.

Dear Friend of World Peace and Positive Music and Media, Check out Carlos Santana's new social networking site that is devoted to positive and transformative music and media:

<http://www.aoand.com> <http://www.architectsofanewdawn.com>

From the web site: "What is Architects of A New Dawn? Architects of A New Dawn is a project, born from the dream and vision of Carlos Santana, to create a new global network, driven by extraordinary music and powerful media content. It is designed to engage people of all walks of life to work together to create positive change in the global community where love can replace fear and where peace can replace conflict. This is an invitation to join us and connect with other Architects literally from every part of the globe to find ways to effect change and transform our world together.

Let's join together to make it happen now!" This web site was just launched on 1/1/2009 so let's help it attract many thousands more people. Please forward this email to your networks. Thank you for making a loving difference, In the Spirit of Peace, Kosta, San Bruno, CA. gmakreas@sanbrunocable.com

THE WORLD WILL NOT END IN 2012 (Mayan message)

"Develop yourself according to your own tradition and the call of your heart. But remember to respect differences, and strive for unity. Eat wisely. A lot of food is corrupt with toxins in either subtle or gross ways. Pay attention to what you are taking into your body. Learn to preserve food, and to conserve energy. Learn some good breathing techniques, so you have the mastery of your breath." THE WORLD WILL NOT END IN 2012 By Carlos Barrios

Carlos Barrios was born into a Spanish family on El Altiplano, the highlands of Guatemala. His home was in Huehuetenango, also the dwelling place of the Maya Mam tribe. With other Maya and other indigenous tradition keepers, the Mam carry part of the old ways on Turtle Island (North America). They are keepers of time, authorities on remarkable calendars that are ancient, elegant and relevant. Mr. Barrios is a historian, an anthropologist and investigator. After studying with traditional elders for 25 years since the age of 19, he has also become a Mayan Ajq'ij, a ceremonial priest and spiritual guide, Eagle Clan. Years ago, along with his brother, Gerardo, Carlos initiated an investigation into the different Mayan calendars. He studied with many teachers. He says his brother Gerardo interviewed nearly 600 traditional Mayan elders to widen their scope of knowledge. "Anthropologists from around the world visit the temple sites," Barrios says, "and read the inscriptions and make up stories about the Maya, but they do not read the signs correctly. It's just their imagination. Other people write about prophecy in the name of the Maya. They say that the world will end in December 2012. The Mayan elders are angry with this. The world will not end. It will be transformed. The indigenous have the calendars, and know how to accurately interpret it, not others. The Mayan Calendars comprehension of time, seasons, and cycles has proven itself to be vast and sophisticated. The Maya understand 17 different calendars, some of them charting time accurately over a span of more than ten million years. The calendar that has steadily drawn global attention since 1987 is called the Tzolk'in or Cholq'ij. Devised ages ago and based on the cycle of the Pleiades, it is still held as sacred. With the indigenous calendars, native people have kept track of important turning points in history. For example, the day keepers who study the calendars identified an important day in the year One Reed, Ce Acatl, as it was called by the Mexicans. That was the day when an important ancestor was prophesied to return, "coming like a butterfly." In the western calendar, the One Reed date correlates to Easter Sunday, April 21, 1519 the day that Hernando Cortez and his fleet of 11 Spanish galleons arrived from the East at what is today called Vera Cruz, Mexico. When the Spanish ships came toward shore, native people were waiting and watching to see how it would go. The billowing sails of the ships did indeed remind the scouts of butterflies skimming the ocean surface. A new era initiated, an era they had anticipated through their calendars. The Maya termed the new era the Nine Bolomtikus, or nine Hells of 52 years each. As the nine cycles unfolded, land and freedom were taken from the native people. Disease and disrespect dominated. What began with the arrival of Cortez lasted until August 16, 1987, a date many people recall as **Harmonic Convergence**. Millions of people took advantage of that date to make ceremony in sacred sites - praying for a smooth transition to a new era, the World of the Fifth Sun. From August 1987

until now we have been in a time when the right arm of the materialistic world is disappearing, slowly but inexorably. We are at the cusp of the era when peace begins, when people live in harmony with Mother Earth. We are no longer in the World of the Fourth Sun, but we are not yet in the World of the Fifth Sun. This is the time of transition, the time in-between. As we pass through transition there is a colossal, global convergence of environmental destruction, social chaos, war, and ongoing Earth changes. All this," Mr. Barrios says, "was foreseen via the simple, spiral mathematics of the Mayan calendars. . . and it will change. Everything will change. Mayan Day keepers view the DEC. 21, 2012 date as a rebirth, the start of the World of the Fifth Sun. It will be the start of a new era resulting from and signified by the solar meridian crossing the galactic equator, and the earth aligning itself with the center of the galaxy. At sunrise on December 21, 2012, for the first time in 26,000 years, the Sun will rise to conjunct the intersection of the Milky Way and the plane of the ecliptic. This cosmic cross is considered to be an embodiment of the Sacred Tree, The Tree of Life, a tree remembered in all the world's spiritual traditions." Some observers say this alignment with the heart of the galaxy in 2012 will open a channel for cosmic energy to flow through the earth, cleansing it and all that dwells upon it - raising all to a higher level of vibration. This process has already begun, Mr. Barrios suggested. "Change is accelerating now, and it will continue to accelerate." If the people of the earth can get to this 2012 date in good shape without having destroyed too much of the Earth, we will rise to a new, higher level. But to get there we must transform enormously powerful forces that seek to block the way. **A Picture of the Road Ahead:** The date specified in the calendar, Winter Solstice in the year 2012, does not mark the end of the world. Many outside people writing about the Mayan calendar sensationalize this date, but they do not know. The ones who know are the indigenous elders who are entrusted with keeping the tradition. From his understanding of the Mayan tradition and the calendars, Mr. Barrios offered a picture of where we are at and what may lie on the road ahead: "**Humanity will continue,**" he contends, "but in a different way. Material structures will change. From this we will have the opportunity to be more human." We are living in the most important era of the Mayan calendars and prophecies. All the prophecies of the world, all the traditions, are converging now. There is no time for games. The spiritual ideal of this era is action. Many powerful souls have reincarnated in this era, with a lot of power. This is true on both sides - the light and the dark. High magic is at work on both sides. Things will change, but it is up to the people how difficult or easy it is for the changes to come about. **Now the economy is a fiction.** The first five-year stretch of transition from August 1987 to August 1992 was the beginning of the destruction of the material world. By now we have progressed ten years deeper into the transition phase, and many of the so-called sources of financial stability are in fact hollow. The banks are weak. This is a delicate moment for them. They could crash globally if we don't pay attention. If the banks crash... then we will be forced to rely on the land and our skills. The monetary systems will be in chaos, and we must then rely on our direct relationship with the Earth for our food and shelter. **The North and South Poles are both breaking up.** The level of the water in the oceans is going to rise. But at the same time land in the ocean, especially near Cuba, is also going to rise.

A Call for Fusion.. As he met with audiences in Santa Fe, Mr. Barrios told a story about the most recent Mayan New Year ceremonies in Guatemala. He said that one respected elder, who lives all year in a solitary mountain cave, journeyed to Chichicastenango to speak with the people at the ceremony.

The elder delivered a simple, direct message. He called for human beings to come together in support of life and light. "Right now each person and group is going his or her own way." The elder of the mountains said "there is hope if the people of the light can come together and unite in some way." Reflecting on this, Mr. Barrios explained: "We live in a world of polarity - day and night, man and woman, positive and negative. Light and darkness need each other. They are a balance. Just now the dark side is very strong, and very clear about what they want. They have their vision and their priorities clearly held, and also their hierarchy. They are working in many ways so that we will be unable to connect with the spiral Fifth World in 2012. On the light side everyone thinks they're the most important, that their personal understanding, or their group's understanding, are the key. There is a diversity of cultures and opinions, so there is competition, diffusion, and a lack of single focus. As Mr. Barrios sees it, **the dark side works to block fusion through denial and materialism.** It also works to destroy those who are working with the light to get the Earth to a higher level. They like the energy of the old declining Fourth World, the materialism. They do not want it to change. They do not want fusion. They want to stay at this level, and are afraid of the next level. The dark power of the declining Fourth World cannot be destroyed or overpowered. It's too strong and clear for that, and that is the wrong strategy. The dark can only be transformed when confronted with simplicity and open-heartedness. This is what leads to fusion, a key concept for the World of the Fifth Sun. Mr. Barrios said the emerging era of the Fifth Sun will call attention to a much overlooked element. Whereas the four traditional elements of earth, air, fire and water have dominated various epochs in the past, there will be a fifth element to reckon with in the time of the Fifth Sun: ether. **Ether is a medium.** The dictionary defines ether as the rarefied element of the Heavens. It permeates all space and transmits waves of energy in a wide range of frequencies, from cell phones to human auras. What is "ethereal" is related to the regions beyond earth: the heavens. Ether, the element of the Fifth Sun, is celestial and lacking in material substance, but is no less real than wood, stone or flesh. "Within the context of ether there can be a fusion of the polarities," Mr. Barrios said. "No more darkness or light in the people, but an uplifted fusion." But right now the realm of darkness is not interested in this. They are organized to block it. They seek to unbalance the Earth and its environment so we will be unprepared for the alignment in 2012. We need to work together for peace, and balance with the other side. We need to take care of the Earth that feeds and shelters us. To be ready for this Moment in History we need to put our entire mind and heart into pursuing unity and fusion now, to confront the other side and preserve life. **We are at a critical moment of world history.** "We are

disturbed," Mr. Barrios said. "We can't play anymore. Our planet can be renewed or ravaged. Now is the time to awaken and take action. Everyone is needed. You are not here for no reason. Everyone who is here now has an important purpose. This is a hard, but very special time. We have the opportunity for growth, but we must be ready for this moment in history." Mr. Barrios offered a number of suggestions to help people walk in balance through the years ahead. "The prophesied changes are going to happen," he said "but our attitude and actions determine how harsh or mild they are.

We need to act, to make changes, and to elect people to represent us who understand and take political action to respect the earth. Meditation and spiritual practice are good and important, and so is action. It's very important to be clear about who you are, and also about your relation to the Earth. Develop yourself according to your own tradition and the call of your heart. But remember to respect differences, and strive for unity. Eat wisely. A lot of food is corrupt with toxins in either subtle or gross ways. Pay attention to what you are taking into your body. Learn to preserve food, and to conserve energy. Learn some good breathing techniques, so you have the mastery of your breath. Be clear. Follow a tradition with great roots. It is not important what tradition - your heart will tell you - but it must have great roots. We live in a world of energy. An important task at this time is to learn to sense or see the energy of everyone and everything - people, plants, animals. This becomes increasingly important as we draw close to the World of the Fifth Sun, for it is associated with the element ether - the realm where energy lives and weaves. Go to the sacred places of the earth to pray for peace and have respect for the Earth, which gives us our food, shelter and clothing. We need to reactivate the energy of these sacred places. That is our work. **We Have Work to do!** According to Mr. Barrios, one simple but effective prayer technique is to light a white or baby-blue colored candle. Think a moment in peace. Speak your intention to the flame and send the light of it on to the leaders who have the power to make war or peace. This is a crucially important moment for humanity and for earth. Each person is important. You have incarnated into this era because you have spiritual work to do. Our work is to balance the planet. The elders have opened the doors so that other races can come to the Mayan world to receive the tradition. The Maya have long appreciated and respected that there are other colors, other races, and other spiritual systems. They know that the destiny of the Mayan world is related to the destiny of the whole world." The greatest wisdom is in simplicity," Mr. Barrios advised. "Love, respect, tolerance, sharing, gratitude, forgiveness. It's not complex or elaborate. **Real knowledge is free.** It's encoded in your DNA. All you need is within you. Great teachers have said that from the beginning. Find your heart, and you will find your way.

In what is a milestone and historic event for Brazilian ufology and for ufologists around the world Brazil's UFO community has gained access to previously classified top-secret UFO files. The UFO community headed by the CBU or Commission of Brazilian Ufologists has been fighting for access to these files for a number of years under freedom of information provisions and appears to have emerged from this battle victorious. (...) Now the ufologists are working on the details of a working relationship with the Air Force that will allow them to permanently access and utilise even these top-secret files as well as collaborate with the military to understand the UFO phenomena. Rafael Cury, one of the heads of the CBU recently noted that 'This represents a coming of age for Brazilian ufology'. Indeed. With the Air Force releasing its UFO files to ufologists and conceding that they don't understand what the craft involved are and are happy to cooperate to gain an understanding, this event might be the closest any government has come to disclosure. Ufologists around the world will undoubtedly be filled with optimism by these developments.

The Wesak Festival The Full Moon of the Buddha.

The day of the Festival is to be known as the "day of safe-guarding" whilst the two succeeding days are called the "days of distribution." These words mean something different to the Hierarchy of Masters than they do to us and it is fruitless (as well as forbidden) to elucidate them in their deepest meaning. They mean, however, five days of a most intensive effort in service, leading to the renunciation of all which could hinder our usefulness as channels of spiritual force. It means that after due preparation, dedication and upward striving for the first two days, on the day of the Festival itself we simply regard ourselves as the recipients of, or the custodians of, as much of that inflowing spiritual force as we can possibly hold. As channels, we must be prepared to forget ourselves in the service of touching, containing and holding force for the rest of humanity. We must regard the Festival itself as a day of silence (I refer to an inner peace and silent solemnity that can be preserved unbroken though the individual may be serving through speech and spoken interest), a day of service carried forward entirely on esoteric levels, and of complete self-forgetfulness in the remembrance of humanity and its need. During that period, two thoughts only will hold our constant attention—the need of humanity and the necessity of providing a group channel whereby the spiritual forces can be poured through the body of humanity under the expert guidance of the chosen members of the Hierarchy.

"For two days prior to the full moon, we will hold the attitude of dedication and service and seek to assume that attitude of receptivity to that which our soul will impart which will make us of use to the Hierarchy. The Hierarchy works through groups of souls, and the potency of this group work is to be tested out. These groups in their turn contact and feed the waiting dedicated attentive personalities. On the day of the full moon, we attempt to hold ourselves steadily in the light. We will not formulate to ourselves what will happen nor will we look for results or for tangible effects. On the two succeeding days, the focus of our attention will be steadily turned away from ourselves but also from the inner subjective planes to the outer world, and our efforts will be to pass on, or to pass through, that measure of spiritual energy that may have been contacted. Our work then in this particular and peculiar field of cooperation will then be ended. This effort of the Hierarchy is a five days' effort, preceded by a most intensive period of preparation. The work of getting ready for the opportunity starts for the Hierarchy exactly at the hour when "the sun began to move northward." But They tire not as do human beings and it is not possible for the human aspirant to keep up so long a period of preparation, no matter how deep his devotion. When the Great Lord was on Earth, He told His disciples that successful spiritual effort of a healing nature went not forth except by prayer and fasting. Will you ponder on these words? This is a group effort towards a vast group healing and by prayer (sanctified desire, illumined thought and intense aspirational longing) and by the discipline of the physical body for a short period and for a definite objective, the work can be done. What is it that should be accomplished at each momentous full moon in May? I shall state the objective sequentially and in the order of their importance, and with as much clarity and brevity as this abstruse subject permits.

1. The releasing of certain energies which can potently affect humanity, and which will, if released, stimulate the spirit of love, of brotherhood and of goodwill on the earth. These ener-

gies are as definite and as real as those energies with which science occupies itself and calls the "cosmic rays." I am speaking of real energies and not of emotionally desired abstractions.

2. The fusion of all the people of goodwill in the world into an integrated responsive whole.

3. The invocation and the response of certain great Beings, Whose work can and will be possible if the first of the objectives is achieved through the accomplishment of the second objective. Ponder on this synthesis of the three objectives. By what name these Living Forces are called is entirely immaterial. They can be regarded as the Vice-Regents of God, Who can and will cooperate with the Spirit of Life and of Love upon our planet, the One in Whom we live and move and have our being. They may be regarded by certain thinkers as the Archangels of the Most High, Whose work has been made possible through the activity of Christ and His body of disciples, the true and living Church. They may be regarded by others as the guiding heads of the planetary Hierarchy, Who stand behind our planetary evolution, and Who seldom take an active part in the world activity, leaving it to the Masters of the Wisdom except in the time of an emergency such as this. By whatever name we call Them, They stand ready to aid if the call comes forth with sufficient strength and power from the aspirants and disciples at the time of the May full moon and the June full moon.

4. The evocation from the inner side of a strenuous and one-pointed activity on the part of the Hierarchy of Masters, those illumined Minds to Whom has been confided the work of world direction. A responsiveness is desired and can be effective between the following three groups:

5. The waiting and (at this time) anxious Hierarchy-anxious because even They cannot tell how humanity will react and whether men will be wise enough to avail themselves of the proffered opportunity. They stand, organised under the direction of the Christ, the Master of all the Masters, and the Teacher alike of angels and of men. He has been constituted the direct intermediary between the earth and the Buddha, Who is, in His turn, consecrated intermediary between the entire waiting Hierarchy and the attentive Forces.

6. The New Group of World Servers, composed at this time of all those sensitive and consecrated servers of the race whose objective is world peace, who aim at the establishing of goodwill on earth as the basis for future living and world expansion. Originally, this group was composed of a handful of accepted disciples and consecrated aspirants. Its ranks have been opened . . . to all those people of goodwill who are willing to sacrifice themselves for the helping of humanity, and who see no separating bar of any kind, but feel alike to the men of all races, nationalities and religions.

7. The masses of men and women who have responded to the ideas which have been set forth, and who react favorably to the objective of international understanding, economic interdependence and religious unity. When these three groups of thinkers and servers are brought en rapport with each other, and when the three groups can be aligned, even momentarily, much can be accomplished; the gates of the new life can be opened, and the inflow of the new spiritual forces can take place. Such is the Group objective and idea.

May I now make an inquiry? Of what importance is this full moon of May to you personally? Does it seem to you of sufficient importance to warrant your utmost effort? Do you really believe that on that day there can truly come a release of spiritual energy of sufficient potency to change world affairs, provided that humanity plays its part? Do you really believe, and can you stand practically to that belief, that the Buddha on that date, in cooperation with the Christ, and with the Hierarchy of

Illumined Minds, plus the proffered aid of some of the Thrones, Principalities and Powers of Light, Who are the higher correspondence of the powers of darkness, stand waiting to carry out God's Plans, when given the right and the permission of men? Your major job at this time is not to wrestle with the powers of evil and the forces of darkness, but to awaken an interest in and mobilise the forces of light in the world today. Resist not evil, but so organise and mobilise the good, and so strengthen the hands of the workers on the side of righteousness and love that evil will find less opportunity. If you have faith as a grain of mustard seed in what I have told you, if you have staunch belief in the work of the spirit of God and in the divinity of humanity, then forget yourselves and consecrate your every effort, from the time you receive this communication, to the task of cooperation in the organised effort to change the current of world affairs by an increase in the spirit of love and goodwill in the world during the month of May. (*Esoteric Psychology, Vol. II* pp. 687-692) Alice A. Bailey.

ASPARAGUS - CURE FOR CANCER Date:

Thursday, 26 February, 2009

Several years ago, I had a man seeking asparagus for a friend who had cancer. He gave me a photocopied copy of an article, entitled, 'Asparagus for cancer' printed in Cancer News Journal, December 1979. I will share it here, just as it was shared with me: 'I am a biochemist, and have specialized in the relation of diet to health for over 50 years. Several years ago, I learned of the discovery of Richard R. Vensal, D. D. S. that asparagus might cure cancer. Since then, I have worked with him on his project. We have accumulated a number of favourable case histories. Here are a few examples: Case No. 1, A man with an almost hopeless case of Hodgkin's disease (cancer of the lymph glands) who was completely incapacitated. Within 1 year of starting the asparagus therapy, his doctors were unable to detect any signs of cancer, and he was back on a schedule of strenuous exercise. Case No. 2, A successful businessman 68 years old who suffered from cancer of the bladder for 16 years. After years of medical treatments, including radiation without improvement, he went on asparagus. Within 3 months, examinations revealed that his bladder tumor had disappeared and that his kidneys were normal. Case No. 3, A man who had lung cancer. On March 5th 1971, he was put on the operating table where they found lung cancer so widely spread that it was inoperable. The surgeon sewed him up and declared his case hopeless. On April 5th he heard about the asparagus therapy and immediately started taking it. By August, x-ray pictures revealed that all signs of the cancer had disappeared. He is back at his regular business routine. * *Case No. 4, A woman who was troubled for a number of years with skin cancer. She finally developed different skin cancers which were diagnosed by asking specialist as advanced. Within 3 months after starting on asparagus, her skin specialist said that her skin looked fine and no more skin lesions. This woman reported that the asparagus therapy also cured her kidney disease, which started in 1949. She had over 10 operations for kidney stones, and was receiving government disability payments for an inoperable, terminal, kidney condition. She attributes the cure of this kidney trouble entirely to the asparagus. I was not surprised at this result, as 'The elements of Materia Medica', edited in 1854 by a Professor at the University of Pennsylvania, stated that asparagus was used as a popular remedy for kidney stones. He even referred to experiments, in 1739, on the power of asparagus

in dissolving stones. We would have other case histories but the medical establishment has interfered with our obtaining some of the records. I am therefore appealing to readers to spread this good news and help us to gather a large number of case histories that will overwhelm the medical skeptics about this unbelievably simple and natural remedy. For the treatment, asparagus should be cooked before using, and therefore canned asparagus is just as good as fresh. I have corresponded with the two leading canners of asparagus, Giant Giant and Stokely, and I am satisfied that these brands contain no pesticides or preservatives.* * **PROCEDURE:** 1) Place the cooked asparagus in a blender and liquefy to make a puree, and store in the refrigerator. 2) Give the patient 4 full tablespoons twice daily, morning and evening. Patients usually show some improvement in from 2-4 weeks. It can be diluted with water and used as a cold or hot drink. This suggested dosage is based on present experience, but certainly larger amounts can do no harm and may be needed in some cases. As a biochemist I am convinced of the old saying that 'what cures can prevent'. Based on this theory, my wife and I have been using asparagus puree as a beverage with our meals. We take 2 tablespoons diluted in water to suit our taste with breakfast and with dinner. I take mine hot and my wife prefers hers cold. For years we have made it a practice to have blood surveys taken as part of our regular checkups. The last blood survey, taken by a medical doctor who specializes in the nutritional approach to health, showed substantial improvements in all categories over the last one, and we can attribute these improvements to nothing but the asparagus drink... As a biochemist, I have made an extensive study of all aspects of cancer, and all of the proposed cures. As a result, I am convinced that asparagus fits in better with the latest theories about cancer. Asparagus contains a good supply of protein called histones, which are believed to be active in controlling cell growth. For that reason, I believe asparagus can be said to contain a substance that I call cell growth normalizer. That accounts for its action on cancer and in acting as a general body tonic. In any event, regardless of theory, asparagus used as we suggest, is a harmless substance. The FDA cannot prevent you from using it and it may do you much good.. It has been reported by the US National Cancer Institute, that asparagus is the highest tested food containing glutathione, which is considered one of the body's most potent anticarcinogens and antioxidants.

He said to me . . . I don't know why you wear a bra; you've got nothing to put in it.

I said to him . . . You wear underpants don't you?

He said to me . . . Shall we try swapping positions tonight?

She said . That's a good idea - you stand by the ironing board while I sit on the sofa and fart!

He said to me. ... What have you been doing with all the grocery money I gave you?

I said to him . . . Turn sideways and look in the mirror!

He said to me. Why don't women blink during foreplay?

I said to him . . . They don't have time

He said to me. . How many men does it take to change a roll of toilet paper?

I said to him . . . We don't know, it has never happened.

He said to me. . Why is it difficult to find men who are sensitive, caring and Good-looking?

I said to him . . . They already have boyfriends.

I said... What do you call a woman who knows where her husband is every night?

He said. . . A widow.

He said to me . . Why are married women heavier than single women?

I said to him . . . Single women come home, see what's in the fridge and go to bed. Married women come home, see what's in bed and go to the fridge.

GIVE THIS TO A SMART WOMAN WHO NEEDS A LAUGH AND TO THE GUYS YOU THINK CAN HANDLE IT!